



2nd session of **MIX IT UP**



Julia, Sesame Street's newest character, was introduced to the neighborhood to teach kids about Autism and special needs.

MIX IT UP Playgroup exposes typically developing kids 5-13 years old to their special needs peers – so they can learn about each other FROM each other!

Recreation staff will guide this playgroup alongside parent helpers on a rotating schedule. This will really **"MIX IT UP"** so some days the parent stays to help, other days the parent gets a 'respite' break.

12Noon-2:00pm
6 Sunday afternoons

September 30

Tamblyn Field Civic Center

Slime party
at Tamblyn Field Civic
Center!!

Fun Life Skills

Bring a friend

October 21

Kidspot

Walk leisure lane at
Memorial Park.

Potato sacks, parachutes,
bubbles and hula hoops

November 18

Tamblyn Field Civic Center

Red light, green light,
scavenger hunt, giant
steps, obstacle course
and more!

December 16

Tamblyn Field Civic Center

Yoga

Karaoke

Dancing

January 27

Tamblyn Field Civic Center

Arts & Crafts &

Board Games

February 24

Tamblyn Field Civic Center

Olympic Games

Water and oranges slices snack will be provided.

FEE: \$10 6 month program (September 30, 2018 – February 24, 2019)

Paperwork is required for participation and is available at Rec Dept.

This program is part of the Mayor's Wellness Campaign, children will be fully supervised to allow for alternating respite breaks for parents /caregivers

First –come, first serve – 40 Participants MAXIMUM!

Drop by or call Rec for more information: 201-460-3015 At this time, Rutherford residents only.