



Bowl Cozy

pattern ©2022 by Kim Heggins
www.etsy.com/shop/RunningStitchDesign
 for Stonemountain & Daughter Fabrics

MATERIALS

- 3/8 yard quilting cotton for outer bowl
- 3/8 yard quilting cotton for inner bowl
- 3/8 yard low loft cotton batting
- 3/8 yard InsulBright insulated batting
- matching thread
- fabric pen or chalk

INSTRUCTIONS

- **You will cut out 4 pieces in total:** Using one quilting cotton, cut out one pattern piece on the fold for the outer bowl. Repeat this process for the second quilting cotton, this will be for the inner bowl. Using cotton batting, cut out one piece on the fold. Using InsulBright batting, cut out one piece on the fold.
- On the right side of the quilting cottons, use a fabric pen or chalk to draw diagonal lines from corner to corner, making an X.
- Pin the cotton batting to the wrong side of the outer bowl fabric and stitch along the chalk lines.
- Pin the InsulBright to the wrong side of the inner bowl fabric and stitch along the chalk lines.
- Pin and sew together all the darts—there are four on each panel. Trim excess fabric and press darts open.
- Pin the front and back panels together right side to right side. Stitch together using a 1/4-inch seam allowance, leaving an opening large enough to turn right side out (about 2–3 inches).
- Clip corners, turn right side out, and press flat.
- Hand stitch to close the opening. Machine top stitch all the way around the edge.