



SUICIDE-SPECIFIC CARE

Suicide-specific care saves lives. All tools and techniques used are clinically woven together specific to the individual in our care

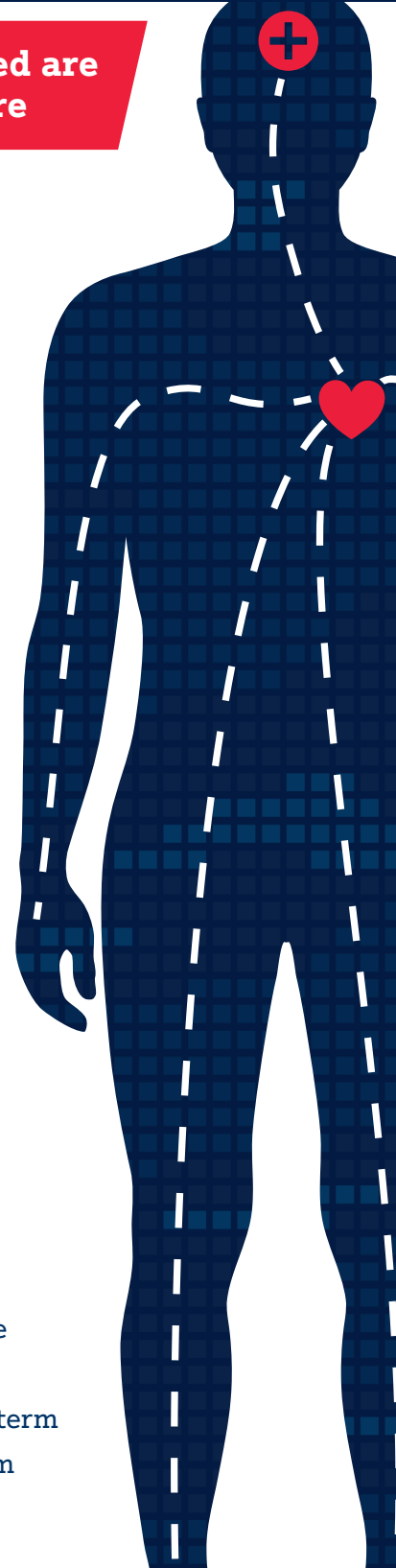
Suicide-Specific Care

At Stop Soldier Suicide, we serve the nation with suicide-specific care while balancing the complexities of the telehealth system in America. Rather than a one-size-fits-all approach, we meet the nation's needs by offering our team of licensed clinicians to serve states with the highest percentage of military suicide deaths with treatment that saves lives.

These exact standards of care are offered throughout the nation, even in areas we do not have a provider in house. We do that through strategic partnerships as our clinical coverage grows. Regardless of geography, potential clients can rely on us fulfill our mission - whether it's through in-house clinical care, or resources and referrals that meet our exacting standards - to ensure everyone who's served our country gets the care they deserve when they raise their hand and ask for it.

What it is

- Evidence-based treatment modalities with proven success in alleviating suicide-related issues
- A holistic focus looking at clients' history of suicidality, thoughts, feelings, behaviors, attempts, current stressors, barriers, challenges, current suicidal ideation, current level of intent, and more
- Methodologies developed and tested alongside nation's leading experts in suicidology and suicide prevention
- Therapy that focuses on early intervention, treatment and postvention
- Consistent assessment of suicide risk over time
- Session-by-session risk evaluation to look at how the client is doing over time
- A trauma-informed approach to all sessions and care
- Crisis & non-crisis treatment - support through crisis moments and the long term
- Foundational systems building, including establishing social supports, custom resourcing, and more



If you need suicide-specific care as a military service member or veteran
call **Stop Soldier Suicide 24/7 at 844-951-2270** or submit a help request online at **StopSoldierSuicide.org**
For all others, the National Suicide Prevention Lifeline is 988



SUICIDE-SPECIFIC CARE

SUICIDE-SPECIFIC CARE IS UNCOMMON

Clinicians are not adequately trained in suicide-specific treatment and most suicidal care is solely focused on crisis treatment utilizing emergency services

What it's not

- One-time care
- Hotline only
- Emergency services
- Only focused on session completion

Why it's needed

- Emergency services are the catch-all
- Many mental health providers have a clause about active suicide ideation. They will not see clients who are actively suicidal and rely on medical emergency services
- Often, emergency services are stressful and can be another traumatic event clients go through
- As a nonprofit, we have the ability to be nimble and meet our clients' needs without limiting the number of sessions & time spent with us. We are never paid by session completion. Clients are with us for as long as it takes

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