

# Sun factor

*Niki Dale calls into Springwell Clinic in Marlow for some timely summer beauty care tips.*

**W**ith summer fast approaching you may be asking yourself what you can do to prepare for it?

Springwell Clinic offer many treatments that can be done now to make a noticeable yet subtle difference before the holidays commence. They believe that healthy skin is the best way to give you a youthful look and that means looking after it not just when the sun shines but all year round. so always remember to wear SPF 30-50 every day.

**Face**

Everyone at Springwell Clinic is a huge fan of **Profhilo** as are their clients. This revolutionary skin booster treatment has completely changed the clinics approach to looking fantastic. It hydrates the skin, plumping it and improving the skin texture, elasticity and has a skin tightening effect in a very natural looking way. As we age we lose collagen in our skin and we get skin laxity and our skin loses its youthful look. Profhilo isn't Botox® and it isn't a dermal filler but can be used in combination with them or on its own. Springwell Clinic have had amazing results in 30 year olds up to their oldest client at 87 who loves it.

Profhilo is a course of 2 treatments with a 4 week interval and full results are seen at 8 weeks. This treatment can be used anywhere there is a loss of collagen so great on necks, chests, hands and upper arms.

**Sue's story**

Sue Lacey is 48 and came to see Stephanie Green, one of Springwell Clinics aesthetic nurses, to talk about her jawline and jowls she had seen developing. As she had significant skin laxity Stephanie suggested Profhilo to help thicken the skin. Sue had her first treatment and when she returned for her second treatment she was surprised and delighted to see exactly how much difference one treatment had made. Her

jowls were lifted and even her neck had improved. She had her second treatment excited to see how the results could be further improved. At eight weeks Sue returned and the difference was so noticeable with the plumping of the skin more in evidence with the second treatment. "I couldn't believe that such a simple treatment could give me the results I got. I don't look like I've had treatment just fresher and more youthful"



*Sue's ever improving jawline is clear to see*

**Skincare**

You probably already know that a good SPF 50 should be used not just during the summer months but all year round. It is vital to protect your skin from the elements.

By wearing the correct sunscreen you are blocking harmful rays and ultimately helping to keep skin looking more youthful by slowing down premature ageing and preventing increased pigmentation. At Springwell Clinic they have their own skincare range and the star of the range is their Broad Spectrum SPF 50. It is light to wear and very hydrating so you don't need to use a moisturiser as well. Wear it everyday and apply more often when you are out in the sunshine.

**Body**

Springwell Clinic have just welcomed the new and very impressive "Perfect Me" to the clinic. This means they are now able to provide a whole new array of treatments. To name but a few ...

- ❖ Non Surgical Bum Lift! Shape and lift your bottom to be beach ready.
- ❖ Body Hifu - firming and inch loss combined
- ❖ Shockwave treatment - excellent for skin tightening and lymphatic drainage.
- ❖ Tailored cellulite and skin smoothing treatments.

At Springwell clinic they appreciate each and every persons individuality - the advanced technology and versatility of their new machine enables them to provide bespoke treatment packages to suit your body and your needs.

Look out on the website for different packages available.



**Beauty**

Last but certainly not least. Springwell Clinic have just introduced a fabulous new makeup called Delilah into the clinic. This is a luxurious yet affordable, vegetarian, vegan friendly and paraben free make up line that was born in Marlow.

Delilah is a compact range of makeup enabling you to look your best with minimal products and its a massive hit with celebrities such as Holly Willoughby. Springwell Clinic are in love it with and i'm sure you will be too.

The clinic prides itself on being an extremely friendly and welcoming clinic so its not a surprise to hear you are always welcome to pop in and try any of these products. As I did.



Springwell's own skincare range is now available to buy in clinic



**Springwell Clinic**  
10-12 Oxford Rd, Marlow SL7 2NL  
01628 308060  
hello@springwellclinic.co.uk  
www.springwellclinic.co.uk

