

WR Sports PE THAT'S NOT GRANDMA! OBSTACLES



1. This Little red riding hood themed game needs an open space! Outside might even be best!

2. You will need to set up an obstacle course, ours consists of pillows to jump to and from, an area where you must crawl and pots and pans to hop on to!

3. "Grandma" must turn their back away from the obstacle course. (This can be anyone, not just a Grandma!) When they turn around to look at the obstacle course, any children taking part must freeze where they are!

-The different surfaces will be challenging for the children to balance on!



4. If "Grandma" spots ANYONE moving, they must go back to the start!

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5. The objective is to tap Grandmas shoulder- or you can tuck a sock into the back of your trousers (like a tail) and the children must pull it out!