

The Man on The Mountain

Enhancing Mindset, Attitude & Motivation Workshop

Course Duration: 2-day; Instructor-led

Time Schedule: 9am-5pm

Lunch: 1:00pm- 2:00pm

Morning Tea-break: 10:30am-10:45am

Afternoon Tea-break: 3:30pm -3:45pm

INTRODUCTION

EMPLOYEES... the most important asset every organization needs in order to generate the best result in terms of productivity and ROI. Still, having said that, not every organization is fortunate enough to have the quality of employees desired. Working with human beings is more complex. There is no one size to fits all. However, should the organization manage to tackle and handle the key to trigger the quality of the employees, then is when the mission and vision of the organization starts to come into fruition.

Being just an employee is no longer sufficient in the 21st century. With the super-fast-moving pace of industries and technologies globally, organizations need to groom their employee to go beyond norms and become relevant pool of talents. And to do that they will need to enhance 3 different key areas: mindset, attitude & motivation. These are the keys to create the willingness in the employees to push against their limit, taking ownership and being accountable in the organization.

This program is designed to create a platform for the participants to first create awareness of themselves and later make the best choice on how to improve themselves.

COURSE OBJECTIVES

At the program's conclusion, participants should be able to:

- Understanding the urgency & the needs to be a performing talent in the organization.
- Developing the attitude and behaviour to be a great employee.
- Building motivation and the right mindset to create excellence at the workplace.
- Building the ability to see the bigger picture at work.
- Being aware of self-core competencies and room for improvements.
- Building up personal goals and aligning them with the organizational goals.
- Adopting the power of positive mind set and self-confidence at work.
- Drawing the commitment to move forward.

METHODOLOGY

The method of learning would include:

- Experiential Learning

- Content Based / materials
- Audio/ visual aids
- Assessment base
- Case studies reference
- Feedback / sharing
- Role-play

TARGET AUDIENCE

Manager, assistant manager, supervisor and team lead

COURSE CONTENTS

DAY 1

Module 1: Becoming a Performing TALENT 101

- Program Context Setting
- Working Agreements
- Q: Definition of Performing TALENTS
- Challenges We Face @Work

Module 2: My Mindset & Attitude

- The Power of Choice
- Positive Mental Image
- Responsible Vs Victim
- Professional Concept of Self
- Values & Filtering of a Professional
- Belief System

Module 3: Excellent Communications

- Effective Communications Elements
- NLP in Communications
- Effective Feedback System

DAY 2

Module 4: Values in Action

- Values Lead to Result Model
- Values Elicitation Process
- Life Values = Career Values

Module 5: Building Motivation

- EQ@Work
- Neuro in Motivation
- 5 Rule to Motivate Yourself
- Behaviour: DiSC@Work
- 12 Competencies
- Application of DiSC@Work

Module 6: Moving Forward

- Commitment Setting
- The Support System for Muslim Professional
- Self-Coaching Model

End Of Program