

Your idea of disciplining a child

Class Objective : I will be able to converse about the idea of disciplining a child.

Concept A: Introduction

Parenting is the process of intricacies involved in raising a child. It refers to the process based on children's age and stage of development that promotes overall physical, emotional, social, and intellectual development of a child. Ultimately parents are the first role models for their kids. Parenting is all about balancing various roles so that children become smarter and responsible individuals in future. An atmosphere with love, trust and affection helps in bringing up healthy and lovable kids.

Being very strict does not allow open communication and hence kids tend to hide their mistakes, learn to tell lies. Punishing children often will hamper a child's emotional growth and children become more fearful and lose confidence. Thus, a balance of love and discipline is required in bringing about children.

Concept B: Expressions

- Rohit, hope you know what I told you when you play at the park?
- Be careful.
- Stop hitting that child
- Drink your milk quickly, we have to go.
- Will you wear your shoes now, it's getting late.
- Don't waste food
- If you want to shout, you will have to go to your room and play alone.
- So What did you learn from this mistake?
- Don't get in trouble at school.
- Put your shoes in the closet, clothes in the cupboard.
- Isn't your room messy, keep the clothes inside.
- It's ok to cry.
- You are too small to play this game, wait till you grow up.
- I am not going to buy that now, let's wait for your birthday.
- You will have to be in your room for 1/2 hour for your bad behaviour.

Concept C : Vocabulary needed to discuss the topic:

- Discipline-training kids in right direction
- Love-bonding
- Trust- believing in kids
- Empathy- caring for kids

1. **Introduction**

2. **Background**

3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

6. **Discussion**

7. **Conclusion**

8. **References**

9. **Appendix**

- 1. **Table 1**
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10. **References**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
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4. **Results**

1. **Baseline Characteristics**
2. **Primary Outcome**
3. **Secondary Outcomes**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Notes**

1. **Notes**
2. **Notes**
3. **Notes**

10. **References**