

Is it easier for you to have arguments with your family or with your friends?

Class Objective : I will be able to discuss the above topic.

Concept A: Vocabulary needed to discuss the topic:

- Stress- feeling of emotional or physical tension.
- Emotional support-verbal expressions of sympathy or physical gestures of affection
- Crisis- issues and troubles in life.
- Trust- belief in one another
- Bonding - attachment between two or more people.
- Significance - the quality of being worthy of attention; importance.
- Unlike - different or not similar to something or someone.
- Brighten - make or become happier and more cheerful.
- Extend - make larger.
- Longevity - long life.
- Apology- to say sorry
- Grudge- a persistent feeling of ill will or resentment resulting from a past insult or injury.

Concept B: Arguments with family

There are always arguments and small fights in all families, however, it must not become a major rift. It must be solved and forgotten. No one must hold grudges against each other. We must forget our ego and apologise.

Few arguments that normally we have in a family are

- Children playing on their phones when parents want to have a conversation.
- The TV or music is way too loud.
- Someone takes a long time to get ready while heading out.
- Lights are never turned off.
- Work is not equally divided among siblings.
- Rooms are not clean.
- Asking for more pocket money
- Parents might also argue over in-laws or elderly people

Though we have arguments, we must learn to keep cool and not get too upset or worried.. Ultimately family is a very important relationship who helps us during happiness and pain.

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- 2. **Participants**
- 3. **Intervention**

4. **Results**

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- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

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