

Talk about the importance of an organized and clean home

Class Objective: I will be able to understand various concepts on Conversation about the importance of an organized and clean home.

Concept A: Introduction:

Cleanliness is a state of being clean and free from germs, dirt, trash, or waste. It must be an integral part of our lives. Cleanliness involves the consistent habit of achieving and maintaining that state. The activity of cleaning involves the removal of dirt, wastes, or unwanted things from the surface of objects. By being clean and hygienic at home, we can ensure that diseases are kept at bay. Hygiene refers to behaviors that can improve cleanliness in and around us that lead to good health. A clean home is a need for healthy survival. It gives a sense of accomplishment, happiness, and well-being.

Various types of cleanliness

- Personal cleanliness- Self and our homes.
- Environment cleanliness- surrounding areas, our society, community, city, garden, etc
- Mental Cleanliness/ Spiritual cleanliness- think positive with clean and constructive thoughts.

Concept B: Organized and clean home

Being organized involves routine activities that are necessary to keep a home clean, safe, and in order. It also includes activities such as dusting, vacuuming, emptying the trash, and tasks like watering plants, picking up clutter, tending to laundry, and organizing closets, and more.

Concept B: Organized and clean home

Being organized involves routine activities that are necessary to keep a home clean, safe, and in order. It also includes activities such as dusting, vacuuming, emptying the trash, and tasks like watering plants, picking up clutter, tending to laundry, and organizing closets and more.

1. **Introduction**

2. **Background**

3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Tables**

- 1. **Table 1**
- 2. **Table 2**
- 3. **Table 3**

10. **Figures**

1. **Introduction**

2. **Background**

3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Tables**

- 1. **Table 1**
- 2. **Table 2**
- 3. **Table 3**

10. **Figures**

1. **Introduction**

2. **Background**

3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Tables**

- 1. **Table 1**
- 2. **Table 2**
- 3. **Table 3**

10. **Figures**