

Describe the type of music that you like and why

Class Objective: I will be able to understand various concepts on the type of music that you like and why

Concept A: Introduction:

Each of us has a set of activities that we really love and enjoy doing. We love it so much and are so passionate about it that we actually lose track of time. It can be anything creative, any particular music or anything entertaining.

Music is an excellent relaxation therapy. It has a powerful influence on human minds. It can help boost memory, lighten your mood, reduce anxiety and depression. It helps to remove fatigue, and helps to work out more effectively. Music helps in easing pain and discomfort. It makes us happier as we feel and sing along.

Concept B: Vocabulary

1. Album- a collection of songs released
2. Artist- a professional singer, musician or songwriter
3. Charts- the list of best selling songs.
4. Harmony- A mix of musical notes, instruments, tone, atmosphere all together.
5. Concert- It is a musical performance given in public, typically by several performers
6. Music Festival- It is an organized event, typically lasting several days, featuring performances by various musicians, singers, and groups

Concept C: Types of Music

- Classical - Indian form of music like Carnatic and Hindustani.
- Pop- Pop music is short form for 'popular' music and is sung by famous singers like Taylor Swift, Kate Perry.
- Jazz- It is a type of music that is from the African-American communities
- Folk- It is the traditional music of a particular group of people,
- Rock- Rock music uses electric guitars, bass and drums. The music is loud and has a strong beat with lots of energy.
- Bollywood music- music from the movies.

Concept C : Expressions

- What is your favourite music?

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- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

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