

The power of the mind

EL PÓDER DE LA MENTE

**Class objective:** To know about EL PÓDER DE LA MENTE.

**Practice A:** ¿Has oído hablar de la ley de la atracción? Lee este texto y descubre en qué consiste.

Jueves 30 de enero de 2014 | 15.50 hs

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### La ley de la atracción: cómo transformar nuestra vida cambiando nuestra forma de pensar

Hace poco vi el documental *El secreto* y me empecé a interesar por la ley de la atracción. Es una teoría basada en los principios de la física cuántica. Según esta teoría, los pensamientos son una especie de antena. Cuando pensamos, generamos energía. Y esa energía atrae una energía del mismo tipo. Es decir, si pensamos algo positivo, atraemos energía positiva y si pensamos algo negativo, la energía que atraemos es negativa. Lo interesante es que si controlamos nuestros pensamientos, podemos conseguir lo que realmente deseamos. Lo único que tenemos que hacer es repetir con nuestra mente -como un mantra- lo que deseamos. Si logramos cambiar nuestra manera de pensar, podremos tener o hacer lo que queremos. Yo lo estoy intentando y estoy muy contenta con los resultados. Probadlo y ya veréis. ¡Todo está en la mente!

**QUESTION 1**

Which of the following is NOT a characteristic of a good leader?

**ANSWER**

- 1.  Charismatic
- 2.  Visionary
- 3.  Selfish

**QUESTION 2**

- 1.  A leader should be someone who is naturally charismatic and confident.
- 2.  A leader should be someone who is naturally confident and charismatic.
- 3.  A leader should be someone who is naturally confident and charismatic.

**QUESTION 3**

- 1.  A leader should be someone who is naturally confident and charismatic.

**QUESTION 4**

Which of the following is NOT a characteristic of a good leader?

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**QUESTION 5**

**QUESTION 1**

Which of the following is NOT a characteristic of a good leader?

**ANSWER**

- 1. Selfish
- 2. Humble
- 3. Empathetic

**QUESTION 2**

- 1. A leader should be someone who is always right and never wrong.
- 2. A leader should be someone who is always confident and never uncertain.
- 3. A leader should be someone who is always strong and never weak.

**QUESTION 3**

- 1. A leader should be someone who is always honest and never dishonest.

**QUESTION 4**

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**QUESTION 1**

Which of the following is NOT a characteristic of a good leader?

**ANSWER**

- 1. Selfish
- 2. Humane
- 3. Fair

**QUESTION 2**

- 1. A leader should be able to inspire and motivate others to achieve their best performance.
- 2. A leader should be able to delegate tasks and responsibilities to others.
- 3. A leader should be able to communicate effectively with others.

**QUESTION 3**

- 1. A leader should be able to establish a vision for the organization.

**QUESTION 4**

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