

# Present Continuous Tense in Hindi

**Class Objective :** Learning Present continuous Tense in Hindi

## Concept A : Present continuous tense

**Definition :** The present continuous tense denotes an ongoing action. Present continuous tense is known as Apurna Vartamaan kaal (अपूर्ण वर्तमान काल) in Hindi.

## Concept B : Present continuous tense

- I. **Present Continuous tense- Apurna vartamaan kaal -अपूर्ण वर्तमान काल:** This tense is also called as present imperfect tense or progressive tense. If we use the words such as "raha hoon/ rahe hai/ rahe ho/ raha hai/ rahi hai " at the end of the sentence then that sentence is known as present continuous.

1. I am singing a song.  
Main gana **gaa rahi/raha hoon.**  
मैं गाना गा रही/रहा हूँ।
2. I am eating food.  
Main khana **khaa rahi/raha hoon.**  
मैं खाना खा रही/रहा हूँ।

## Concept D: Uses of present continuous tense

1. We use the present continuous for things that are happening at the moment of speaking. These things usually last for quite a short time and they are not finished when we are talking about them.

**Eg:**

He **is completing** his homework.  
Vah **apna** homework **pura kar raha hai.**  
वह **अपना** गृहकार्य पूरा कर रहा है।

I am going for a walk.  
Main ghumne **jaa rahi/raha hoon**  
मैं घूमने जा रही /रहा हूँ।

2. We can use the present continuous for temporary or new habits ,for normal habits that continue for a long time, we use the present simple. We often use this with expressions like 'these days' or 'at the moment'.

**Eg:**

You **are eating** a lot these days.  
Tum aajkal zyada **khaa rahi/ rahe ho.**  
तुम आजकल ज़्यादा खा रही/रहे हो।

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2. **Background**

3. **Method**

4. **Results**

5. **Discussion**

6. **Conclusion**

7. **References**

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9. **Table 1**

10. **Table 2**

11. **Table 3**

12. **Table 4**

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14. **Table 6**

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17. **Table 9**

18. **Table 10**

19. **Table 11**