

Advanced 3 - Drown your sorrows

Class objective: I will be able to understand the idiom and can use the same while conversing in English.

Concept A: Meaning

-to drink a lot of alcohol in order to forget your problems

-If someone **drowns their sorrows**, they drink a lot of alcohol in order to forget something sad that has happened to them.

-To attempt to forget one's troubles through the consumption of something, typically alcohol (to which the phrase originally referred).

- He was in the pub **drowning his sorrows** after the break-up of his relationship.
- And is there a female alive who has not **drowned her sorrows** in buttered mashed potatoes?
- I **drowned my sorrows** on the school goalposts, as football was banned.
- It's not healthy to just **drown your sorrows** every time a girl breaks up with you. Quit drinking and try to face reality.
- Whenever I have a hard week at work, I like to spend Friday night **drowning my sorrow** in pizza and ice cream.

Concept B: STORY

1.

He was vaguely aware that he drank to forget. He was **drowning in sorrows**. What made it rather pointless was that he couldn't remember what it was he was forgetting anymore. In the end he just drank to forget about drinking.

"Why are you drinking?" demanded the little prince. "So that I may forget," replied the tippler.

"Forget what?" inquired the little prince, who already was sorry for him.

"Forget that I am ashamed," the tippler confessed, hanging his head.

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3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

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- 2. **Secondary Outcome**
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- 1. **Summary**

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