

**Class Objective: I am able to understand graphs/pictures on Health is Wealth and interpret them.**

**Concept A: Introduction**

Health is defined as a state of a person's physical, mental, emotional, and social well-being and that is the greatest wealth anyone could have. With good health we are able to earn more money and work more productively and also thereby enjoy all the wealth earned.

**Concept B: Interpretation of graphs/pictures**



- In the above picture we can see different kinds of food with a mix of everything.
- Healthy foods are easy on the stomach, light and a perfect option to eat on a daily basis. Healthy foods provide us with healthy calories. Eating healthy food involves eating a variety of foods and a balanced diet that gives the right amount of nutrients, vitamins, proteins, carbohydrates, fat etc which is needed

1. **Introduction**

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3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

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8. **Supplementary Materials**

9. **Footnote**

- 1. **Footnote 1**
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9. **Tables**

- 1. **Table 1**
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