

## The family ritual of meal

**Class objective: I will be able to discuss the family ritual of meals.**

### **Concept A: Types of meals.**

1. Antipasti.
  - Prosciutto e formaggio.
  - Pomodori ripieni.
  - Bruschette.
  - Insalata di mare.
2. Primi piatti.
  - Tortellini in brodo.
  - Tagliatelle ai porcini.
  - Lasagne al forno.
  - Risotto ai funghi
  - Minestrone
  - Spaghetti ai frutti di mare.
  - Spaghetti al pomodoro.
3. Secondi piatti.  
  
Carne/Pesce
  - Cotoletta alla milanese
  - Braciola di maiale ai ferri.
  - Pollo allo spiedo
  - Arrosto di vitello
  - Trota al forno
  - Sogliola
4. Contorni
  - Insalata mista
  - Patatine fritte
  - Pure di patate
  - Spinaci al burro
  - Peperoni alla griglia
5. Dessert
  - Frutta fresca
  - Macedonia
  - Fragole
  - Gelato
  - Panna cotta
  - Tiramisu

**Concept B: Il conto, per favore! The bill please.**

**QUESTION 1**

Which of the following is NOT a characteristic of a good leader?

**ANSWER**

- 1. Selfish
- 2. Humble
- 3. Empathetic

**QUESTION 2**

- 1. A leader should be someone who is always right and never wrong.
- 2. A leader should be someone who is always confident and never uncertain.
- 3. A leader should be someone who is always strong and never weak.

**QUESTION 3**

- 1. A leader should be someone who is always honest and never dishonest.

**QUESTION 4**

Which of the following is NOT a characteristic of a good leader?

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**QUESTION 5**

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