

## Shopping for groceries

### Class Objective:

I will be able to talk in Malayalam while shopping for groceries.

Remember!

“Grocery” is referred to as “Palacharakk” in Malayalam.

### Concept A: Vocabulary

English	Malayalam
Turmeric / turmeric powder	Manjalpodi മഞ്ഞൾപൊടി
Sugar	Panchasara പഞ്ചസാര
Kumkum	Kunkumam കുങ്കുമം
Coriander seeds	Malli മല്ലി
Cloves	Gramboo ഗ്രാമ്പൂ
Fennel	Perumjeerakam പെരുഞ്ചീരകം
Cinnamon	Patta പട്ട
Cardamom	Elakka ഏലക്ക
Garlic	Veluthulli വെളുത്തുള്ളി
Black peppercorns	Kurumulak കുരുമുളക്
Fenugreek seeds	Uluva ഉലുവ
Red chili pepper	Chuvanna mulak ചുവന്ന മുളക്
Poppy seeds	Kaskas കസ്കസ്
Asafetida	Kaayam കായം
Saffron	Kunkumappoov കുങ്കുമപ്പൂ
Aniseed	Perumjeerakam പെരും ജീരകം
Bay leaf	Vazhana ila വഴന ഇല
Cumin seeds	Jeerakam ജീരകം
Mustard seeds	Kaduk കടുക്

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**

1. **Introduction**

2. **Background**

3. **Method**

1. **Study Design**
2. **Participants**
3. **Intervention**

4. **Results**

1. **Primary Outcome**
2. **Secondary Outcome**
3. **Subgroup Analysis**

5. **Conclusion**

1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Footnote**

1. **Page 1**
2. **Page 2**
3. **Page 3**

10. **Page 4**