

Food items in Gujarati

Class objective - I am able to speak about various Gujarati food items.

Concept A: Introduction

Gujarati thali consists of rotli, dal or kadhi, rice, and shaak. Gujarati food differs depending upon a family's tastes as well as the region of Gujarat to which they belong.

ગુજરાતી થાલી માં રોટલી, દાળ અથવા કઢી, ભાત અને શાક નો સમાવેશ થાય છે. ગુજરાતી ખાદ્યપદાર્થો કુટુંબની રુચિ તેમજ ગુજરાતના પ્રદેશ ના આધારે અલગ પડે છે.

Gujarātī thālīmāṁ rōṭālī, dāḷa athavā kahī, bhāta anē śākanō samāvēśa thāya chē. Gujarātī khādyapadārthō kuṭumbanī ruci tēmaja gujarātanā pradēśanā ādhārē alaga paḍē chē.

Concept B: Some Gujarati food items.

કેટલીક ગુજરાતી ખાદ્ય ચીજો.

Kēṭalīka gujarātī khādyā cījō.

Khaman

Thepla

Khandvi

Undhiyu

Muthiya

Handvo

Fafda-Jalebi

Lilva Kachori

Sev Tameta nu Shaak

Gujarati Kadhi

Khichu

Gota

Mohanthal

Ghari

Khakhra

Doodhpak

Chorafali

Dabeli

Ghughra

Gathiya

ખમણ

થેપલા

ધિયું

મુઠીયા

હાંડવો

ફફડા-જલેબી

લીલવાની કચોરી

1. **Introduction**

2. **Background**

3. **Method**

- 1. **Study Design**
- 2. **Participants**
- 3. **Intervention**

4. **Results**

- 1. **Primary Outcome**
- 2. **Secondary Outcome**
- 3. **Subgroup Analysis**

5. **Conclusion**

- 1. **Summary**

6. **References**

7. **Appendix**

8. **Supplementary Materials**

9. **Notes**

- 1. **Notes**
- 2. **Notes**
- 3. **Notes**

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- 1. **Table 1**
- 2. **Table 2**
- 3. **Table 3**

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