

PRE - APPOINTMENT FOR CLIENT *Checklist*

- ☐ *Arrive with a clean face: no makeup, oils, or creams on the eye area.*
- ☐ *Remove contact lenses before the service.*
- ☐ *Avoid caffeine or energy drinks within 2 hours of your appointment.*
- ☐ *Don't use lash curlers or lash serums on the day of the appointment.*
- ☐ *Avoid waterproof mascara for at least 24 hours before your session.*
- ☐ *Wear comfortable clothing (you'll be lying down for 1–2+ hours).*
- ☐ *Use the restroom before your appointment begins.*
- ☐ *Arrive 5–10 minutes early to review your lash style preferences.*