

# PANORAMA

WINTER | SPRING 2022

## *In this issue:*

Residents become family at Summit  
Open Table offers inside look  
The Summit celebrates the holidays  
Residents ring in the New Year  
Meet Your Neighbor  
Advantage Club Benefits  
Assisted Living delivers good tidings  
Upcoming Events & Appointments  
Available Apartments

The  
SUMMIT

*Home is where the heart is*

## *Residents are family at Summit*

**B**ill Hadden has lived long enough to know what really matters.

When he walks—his guide dog, Sammy, leading him to a table—into the dining room of The Summit. All around him, friends that turned into family.

“Where I live is a real blessing to me because I’m with family here at The Summit. We are all here together as individuals, but, after having lived here a while we have become family and extended family,” Hadden said.

It’s the same reason Virginia Marshburn moved into The Summit—just after it opened—and started the Welcome Committee.

*“I’m really a people person. I eat many nights with new people that have moved in. I just try to be a friend to them and help them get adjusted here. It’s been a wonderful journey.”*

*— Virginia Marshburn*





Norma Chadwick stays active with activities at the Life Plan Community.

“I really like living here,” Chadwick said. “I find that its one big supportive family.”

When Chadwick first moved into The Summit, she walked the halls to meet the other residents. “Everybody is so helpful and caring. It’s just a wonderful place to live.”

Jo Griffin, a retired art teacher, often paints with watercolors, participating in the Resident Art Show each year.

Still, her favorite part is joining friends in the dining room. “Time passes real fast while we are there at the table. I enjoy that.”

Dana Thayer spent his career as a workaholic with little time for friends. His pace is different at The Summit. “I enjoy a great deal the friendships at The Summit. When I got here, I made new friends and decided I better get active and here I am.”

Living in community makes retirement more special. “I don’t know how it came about that life is sweeter, but The Summit must have contributed to it. They take care of us. Someone is watching over us and that is so good,” Griffin said.

Thayer likes visiting friends in the common areas. “Here you see everybody every day and I enjoy it,” he said.

After losing his wife in 2016, Hadden has found strength in the friends that are more like family.

“We have somewhere to hang our hat and a friendship. Being at The Summit has prolonged my life,” Hadden said.



**Residents Bill Hadden (left), Virginia Marshburn (top left), Dana Thayer (top center), Jo Griffin (top right), Gene Lehman (above left) and Norma Chadwick (above right). These residents—pictured and quoted—will be honored at the 2022 Centenarian and Nonagenarian celebration this spring.**

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*— Jo Griffin*



# *'Tis the season for family*

## *Residents celebrate holidays together*

**A**t The Summit, the holiday season really is the most wonderful time of the year. The December calendar was packed with events to celebrate the holidays together with friends and neighbors.

“The Summit is a special place to call home and what makes it so special are the people,” Marketing Director Brenda Dixon said. “It’s a thrill to see residents walk to mixers and holiday socials from their apartments or drive golf carts over from their lakeside homes and celebrate the festivities in community.”





From a holiday vendor market to an exclusive Advantage Club Mixer, the Life Plan Community kept things merry and bright.

“We’re always looking for unique ways to enjoy traditions and create new memories,” Resident Life Coordinator Andria Cox said. “Last year, COVID-19 made celebrating together safely challenging so we really took the opportunity to celebrate as friends and family this year.”

Residents ate cheesecake and drank eggnog while listening to the sounds of a duo singing Christmas classics, joining along with jingle bells left at each seat.

Family visited residents and many traveled to be with loved ones as well, but celebrating as a community makes for a wonderful life.

“We are a family here,” resident Bill Hadden said.

Life is better spent together, especially during Christmas.



# Happy New Year!

Residents of The Summit ring in the New Year with style, complete with dinner, dancing and champagne toasts. Welcome to the party, 2022. We're glad to meet you.



# Meet Your Neighbor

## Sally Mock

Sally Mock, a retired chiropractor, spent her life caring for others. Moving to The Summit allows her to take care of herself.

“I enjoy living at The Summit. This is the perfect environment for me,” she said.

She lived and worked in Amherst County before her husband, Bill, a physician, passed away. Before beginning a new career as a chiropractor 20 years ago, Mock, an Indiana native, worked as a respiratory therapist.

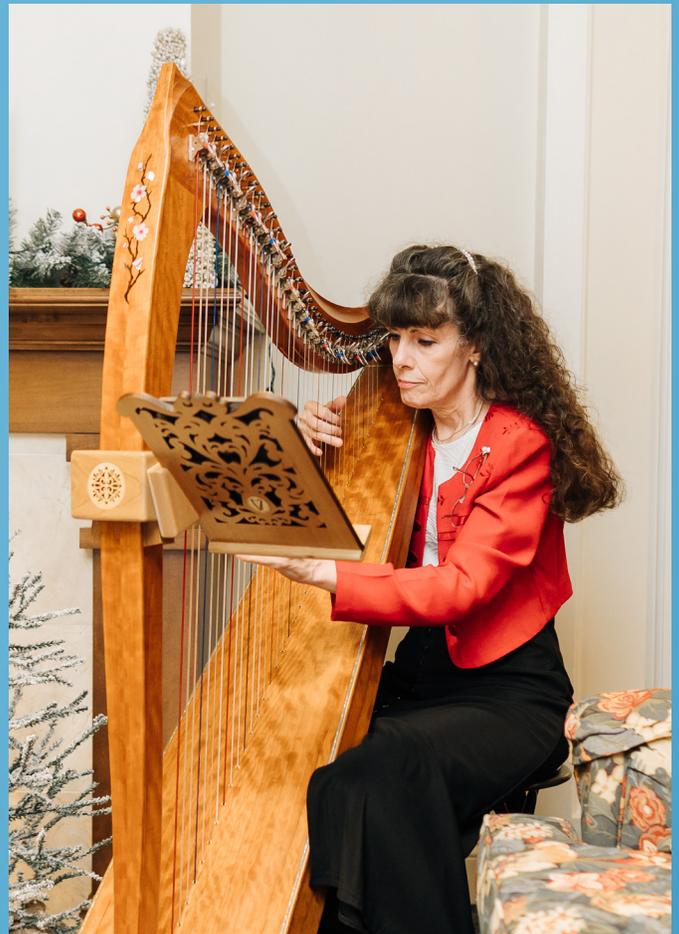
She worked in emergency rooms in large hospitals, taught at the Medical College of Georgia and worked on research grants for pulmonary rehabilitation. She also trained in Canada and helped pioneer pulmonary rehab in the United States in the 1980s.

At the Summit, she spends time with friends, quilts and works on the communal jigsaw puzzle in the lobby. “The people are just great,” she said.



## Join the club

Residents mix with visitors at an Advantage Club mixer. Advantage Club members receive priority status to move to The Summit and enjoy many other benefits, including access to wellness programs and events and complimentary meals in the dining bistro. Call Marketing Director Brenda Dixon at 434.582.1500 to join today!





# Merry & Bright

## Assisted Living team brings Christmas home

The Summit Assisted Living team members brought Christmas home for the holidays, making visits to residents' apartments with goodies and treats. Dressed in festive costumes, staff members brought along a special visitor — Saint Nicholas.

“We want to make every holiday a treat for residents, but Christmas is a time for being with family and that’s what the residents are to us,” Assisted Living Administrator Lisa Tyree said.





# *Winter Wonderland*

What's better than looking out your window and seeing the snow-covered mountains? Not worrying about plowing your driveway or shoveling your sidewalk. At The Summit, residents are free to enjoy a winter wonderland without the back-breaking work needed to get out and enjoy it. Maintenance-free living in a Life Plan Community ... that's life at The Summit.



# Upcoming Events at The Summit



## Experience The Summit at Open Table Talks

**W**e invite you to join us for lunch and an open table discussion of The Summit. During this informative luncheon, you can learn more about The Summit and LifeSpire of Virginia, meet residents and ask questions.

This is the perfect opportunity to get your first in-depth look at The Summit. Luncheons will be held at noon on Monday, May 9; Thursday, May 12; Tuesday, May 24 and Friday, June 3.

Please choose the date that works best for you and RSVP today, seating is limited.

Call Marketing Director Brenda Dixon at 434.582.1500 or email [BDixon@SummitLynchburg.org](mailto:BDixon@SummitLynchburg.org) to register.



### ***Advantage Club Mixer | April 26, 3 p.m.***

Join us for an Exclusive Advantage Club Mixer to share food and drinks with residents.

### ***Resident Art Show, Opening Reception | May 22, 2 p.m.***

Experience the talented work of residents of The Summit and enjoy food and drinks with friends.

Call Marketing Director Brenda Dixon at 434.582.1500 or email [BDixon@SummitLynchburg.org](mailto:BDixon@SummitLynchburg.org) to register.

## Greetings from the Virginia Baptist Homes Foundation

For over 70 years, LifeSpire of Virginia (formerly Virginia Baptist Homes) has remained committed to seniors. While our communities have grown and changed over time, our mission to provide the best for seniors has not wavered.

The Virginia Baptist Homes Foundation, through the generosity of loyal donors, is able to provide essential services and programs to enhance the lives of LifeSpire residents, no matter their level of care needs.

The core of our mission for all these

years has been to provide benevolent assistance to those who have outlived their resources and need help to continue to stay in the homes that they know and love. Annually, the Foundation provides over \$1 million in financial subsidies to an average of 60 residents across all communities.

We also secure funds for a variety of other needs: spiritual life programs, employee scholarships, employee crisis needs, and special projects as necessary.

The most fun part of our job in the Foundation is getting to know our

current and future residents. It's a joy spending time learning about people who worked and raised families in much the same way as our parents did. It's also the best way for us to learn what you're passionate about and how we can match community needs to interest.

We can't wait to meet you!

Jodi Leonard, CFRE  
Vice President  
804.521.9213  
[LifeSpireLiving.org/Give](http://LifeSpireLiving.org/Give)

# Home Sweet Home

## 1-Bedroom Apartments Available!

Relax into retirement with comfort and ease in one of our spacious one-bedroom Poplar apartments.

With immediate availability, you can begin the process of settling into The Summit today!



# The SUMMIT

A Life Plan Community

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