



# SUMMIT AT GLENWYCK

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Monthly Newsletter

June 2019

# THE Manager's Message

*"If Summer had one defining scent, it'd definitely be the smell of barbecue."*

Katie Lee

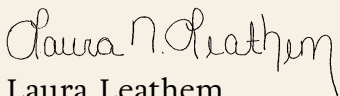
June is a month permeated by the aroma of backyard barbecues. With the beginning of summer on June 21st, life becomes a smorgasbord of picnics, baseball, camping, gardening, swimming, strawberry shortcake, boating, drive-in movies, ice cream cones, miniature golf, outdoor concerts, family reunions, fireflies, and glorious sunsets. June is finally here...let the games begin!

June is also the month in which we celebrate Father's Day on Sunday, June 16th. Although Mother's Day has been a formal holiday since 1914, fathers weren't similarly honored until President Richard Nixon signed into law the permanent recognition of Father's Day in 1972. Traditionally, father's were considered the family breadwinners, whereas mothers were long-regarded as responsible for hands-on nurturing of the children.

Fortunately, as times have changed and both parents have entered the workforce, the importance of fathers as child caregivers has gained equal recognition. In fact, approximately 214,000 American men are stay-at-home dads. Experts now know that children benefit greatly when fathers are more involved in their lives.

If my mother was the heart of our family, Dad was indeed its backbone. He kept us safe and strong. Throughout the month of June, please join me in honoring and remembering these special men.

Happy Father's Day!



Laura Leathem  
Community Manager



**LEE PREMIUM OUTLETS®**  
A SIMON CENTER

**IT'S SHOPPING TIME!**

TUESDAY, JUNE 11TH - BUS LEAVES AT 9:00 AM

## Staff

### Community Manager

Laura Leathem

### Administrative Assistant

Laurie Ignazio

### Maintenance

Mike Norton  
Joseph Towers

### Driver/Custodian

Alfonza Strickland

### Weekend Office Assistant

Kathleen Nichols

### Office Phone

518-280-7340

### Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302

# Welcome To The Summit At Glenwyck



ED WIXTED

*from Gouverneur, NY*

PAT & CHRIS RUSH

*from Schenectady, NY*

## June Birthdays



Ralph Caruso	6/1
Dolores Caruso	6/2
Jaddua Bennett	6/9
Janet Liszewski	6/15
Joan Morse	6/15
Linda Stimpson	6/18
Ray Shafer	6/21
Nancy Snyder	6/23

Help us celebrate our monthly birthdays on **Tuesday, June 25th at 2:00 pm** in the Great Room. **Cake & Ice Cream for all!**

*Good Friends Make  
Great Neighbors!*



If you know someone who would love living at Glenwyck, see Laura in the front office!



Friday, June 21st, 11:30 am - 4:30 pm  
**GIVE BLOOD. WIN BIG!**

By donating just one unit of blood you can:

- Help us tackle a regionwide blood shortage
- Give the gift of life to another member of our community following a traumatic accident
- Save several lives if your blood is separated into its components — red cells, platelets, and plasma

What's more, you'll be entered to win a \$250 VISA gift card following your donation!

**Register with Laura in the office to donate blood!**

We are also looking for volunteers to greet donors, work the registration table, and bake for the blood drive! Sign-up to volunteer in the Great Room!



**STRAWBERRY SHORTCAKE SOCIAL**  
**THURSDAY, JUNE 6TH AT 1:00 PM**  
**GREAT ROOM**

S	M	T	W	TH	F	S
<p>GR: Great Room TAV: Tavern CR: Craft Room FS: Fitness Studio P: Pool CY: Courtyard MOV: Movie Theatre Gym</p>						<p>1</p> <p>11:00 Bocce Ball CY 12:00-4:00 Open Studio CR 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>
<p>2</p> <p>8:30 Waffle Station GR 12:00-4:00 Open Studio CR 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 5:30 Mexican Train GR 6:00 Game Night TAV</p>	<p>3</p> <p> 10:30 Cultural Groups Of The Mohawk And Hudson Valleys MOV 1:15 Lit Club LIB  2:00 German Language Class TAV 2:00 Catholic Rosary Circle MOV 3:00 Cornhole CY 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>4</p> <p>10:00 AM Senior Buffet At Saratoga Casino 11:00 Nurses' Club TAV 2:00 Jigsaw Puzzles GR  2:30 Docuseries: Civil War Mov 4:00 Dance Workshop w/Mia FS  6:00 History of Saratoga Springs GR 6:00 Game Night: Right Left Center TAV</p>	<p>5</p> <p>11:00 Planning Committee GR 1:15 Lit Club LIB 2:30 Glenwyck Cinema &amp; Popcorn MOV 2:30 Bunco TAV 5:00 Poker TAV</p>	<p>6</p> <p>10:00 Bible Study LIB 1:00 Strawberry Shortcake Social GR 2:30 Garden Club GARDEN 3:00 Washer Toss CY 4:00 Scrabble TAV 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>7</p> <p>10:30 Grocery Shopping 1:15 Lit Club LIB 2:00 Food Florist Orders Due in Office 2:30 Quarter Bingo GR 4:00 Happy Hour: Jazz Singer Carmen Lookshire GR 5:00 Residents' Choice Movie MOV 5:30 Cards TAV <b>GLENWYCK GARAGE SALE 9-3</b></p>	<p>8</p> <p>11:00 Bocce Ball CY 11:30 Cooking Class Reuben Sandwich GR 12:00-4:00 Open Studio CR 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY <b>GLENWYCK GARAGE SALE 9-2</b></p>
<p>9</p> <p>12:00-4:00 Open Studio CR 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 5:30 Mexican Train GR 6:00 Game Night TAV</p>	<p>10</p> <p> 10:30 Cultural Groups Of The Mohawk And Hudson Valleys MOV 1:15 Lit Club LIB 2:00 Ticks/Lyme Disease Presented by Belvedere GR  2:00 German Language Class TAV 2:00 Catholic Rosary Circle MOV 3:00 Cornhole CY 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>11</p> <p>9:00 Shopping at Lee Outlets 9:30 Blood Pressure Clinic GR 2:00 Jigsaw Puzzles GR  2:30 Docuseries: Civil War Mov 4:00 Dance Workshop w/Mia FS 6:00 Game Night TAV</p>	<p>12</p> <p>11:00 FOOT DOCTOR  11:00 Activities &amp; Events of the Historic Vale Cemetery &amp; Vale Urban Park GR 1:15 Lit Club LIB 2:30 Glenwyck Cinema &amp; Popcorn MOV 2:30 Bunco TAV 3:00 AARP Presentation: Lower the Cost of Prescription Drugs GR 5:00 Poker TAV</p>	<p>13</p> <p>9:00 Visit to CIA: Tour &amp; Lunch 10:00 Bible Study LIB 1:30 Library Club LIB 2:30 Food Florist Delivers LOBBY 2:30 Garden Club GARDEN 3:00 Washer Toss CY 4:00 Scrabble TAV 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>14</p> <p>10:30 Grocery Shopping 12:00 Father's Day Picnic CY 1:15 Lit Club LIB 2:30 Quarter Bingo GR 4:00 Happy Hour: Bloody Mary TAV 5:00 Residents' Choice Movie MOV 5:30 Cards TAV <b>FLAG DAY</b></p>	<p>15</p> <p>11:00 Bocce Ball CY 12:00-4:00 Open Studio CR 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>
<p>16</p> <p>8:30 Waffle Station GR 12:00-4:00 Open Studio CR 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 5:30 Mexican Train GR 6:00 Game Night TAV <b>FATHER'S DAY</b></p>	<p>17</p> <p> 10:30 Cultural Groups Of The Mohawk And Hudson Valleys MOV 1:15 Lit Club LIB  2:00 German Language Class TAV 2:00 Catholic Rosary Circle MOV 3:00 Cornhole CY 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>18</p> <p>9:30 National Museum of Racing 2:00 Glenwyck Book Club LIB 2:00 Jigsaw Puzzles GR  2:30 Docuseries: Civil War MOV 4:00 Dance Workshop w/Mia FS 6:00 Game Night: Right Left Center TAV</p>	<p>19</p> <p>10:00 Hyde Museum &amp; Lunch at the Peppermill 11:00 Downsizing Seminar GR 1:15 Lit Club LIB 2:00 Catholic Communion Service MOV 2:30 Glenwyck Cinema &amp; Popcorn MOV 2:30 Bunco TAV 2:30 Collage &amp; Writing CR 3:00 Entertainment Committee GR 5:00 Poker TAV</p>	<p>20</p> <p>9:00 Sunnyview Audiology Appts SALON 10:00 Bible Study LIB 12:00 Subway Lunch-In GR 2:30 Garden Club GARDEN 3:00 Washer Toss CY 4:00 Scrabble TAV 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>21</p> <p>10:30 Grocery Shopping 11:30 American Red Cross Blood Drive 1:15 Lit Club LIB 2:00 Food Florist Orders Due in Office 2:30 Quarter Bingo TAV 4:00 Happy Hour: Rum Punch TAV 5:00 Residents' Choice Movie MOV 5:30 Cards TAV <b>SUMMER BEGINS</b></p>	<p>22</p> <p>9:30 Exec. Board Committee Meeting CR 11:00 Bocce Ball CY 12:00-4:00 Open Studio CR 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>
<p>23/30</p> <p>12:00-4:00 Open Studio CR 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 5:30 Mexican Train GR 6:00 Game Night TAV</p>	<p>24</p> <p> 11:00 The Story of Betsy Doyle GR 1:15 Lit Club LIB  2:00 German Language Class TAV 2:00 Catholic Rosary Circle MOV 3:00 Cornhole CY 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>25</p> <p>9:30 Blood Pressure Clinic GR 2:00 Birthday Party GR  2:30 Docuseries: Civil War MOV 2:45 GRG Meeting GR 4:00 Dance Workshop w/Mia FS 6:00 Game Night TAV</p>	<p>26</p> <p>1:15 Lit Club LIB 2:00 Catholic Communion Service MOV 2:30 Glenwyck Cinema &amp; Popcorn MOV 2:30 Bunco TAV 5:00 Poker TAV</p>	<p>27</p> <p>10:00 Bible Study LIB 10:15 Alco Museum &amp; Lunch at Russo's Grill 2:30 Food Florist Delivers LOBBY 2:30 Garden Club GARDEN CLUB 3:00 Washer Toss CY 4:00 Scrabble TAV 5:30 Pinochle &amp; Hand, Knee &amp; Foot TAV</p>	<p>28</p> <p>10:30 Grocery Shopping 1:15 Lit Club LIB 2:30 Quarter Bingo GR 4:00 Pizza Party GR 5:00 Residents' Choice Movie MOV 5:30 Cards TAV</p>	<p>29</p> <p>11:00 Bocce Ball CY 12:00-4:00 Open Studio CR 1:00 iSmile Studios Portrait Day GR 2:00 Quarter Bingo TAV 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>
<p><b>CONNECTED life</b></p> <p></p> <p><b>FITNESS</b></p>	<p><b>Every Monday</b></p> <p>8:15 Water Aerobics (P) 3:30 Buddy Swim (P)</p>	<p><b>Every Tuesday</b></p> <p>8:45 Sit 2B Fit (FS) 10:00 &amp; 3:30 Buddy Swim (P)</p>	<p><b>Every Wednesday</b></p> <p>8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)</p>	<p><b>Every Thursday</b></p> <p>8:45 Sit 2B Fit (FS) 10:00 &amp; 3:30 Buddy Swim (P)</p>	<p><b>Every Friday</b></p> <p>8:00 Water Aerobics (P) 9:10 Pilates (FS) 3:30 Buddy Swim (P)</p>	<p><b>Every Saturday &amp; Sunday</b></p> <p>10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday &amp; Sunday)</p>



## LEARNING

### From High Rock Spring To High Stakes: A General History of Saratoga Springs



**Tuesday, June 4th at 6:00 PM  
in the Great Room  
Presenter - Charlie Kuenzel**

Saratoga Springs made an early name for itself with its natural occurring mineral springs. These healing waters attracted huge numbers of visitors in the early 1800's to visit the Spa City for their health. As the 19th century progressed the crowds began to demand more activities than just drinking water. Casino gambling, horse racing and nightly parties began to reinvent the city that would become the number one tourist destination in America.



### The Story of Betsy Doyle Monday, June 24th at 11:00 AM Presented By East Greenbush Town Historian, Roberta Reno

During the War of 1812, Betsy's husband Andrew was captured by the British. With the fall of Fort Niagara (where Betsy was staying) to the British, Betsy, with her four children in tow, survived what could have been a winter death march across New York State in December 1813. They were desperately searching for safety and Andrew. The program will tell the true story of Betsy and Andrew.



**Time to Learn  
GERMAN**

**Mondays At 2:00 PM  
In the Tavern**



## LEARNING

### Cultural Groups of The Mohawk & Hudson Valleys Mondays at 10:30 am in the Theater

The upstate New York area enjoys a rich cultural heritage: a tapestry of 400 years of interplay between Native American, Dutch, English and German traditions. Their customs layered upon one another and interacting with each other have contributed to a culture unique in the nation.

Topics to be included in the order they will be presented in this 6-week series will be: our Native Americans and how they interacted with the Dutch, English and French who were involved in the rich fur trade; the different building techniques used in the homes of the English and Dutch and how they differed from each other and the surprising role slavery played in these households; German homes of Ulster County and the Mohawk Valley (many built in stone) and their rich interior design; our local Shaker communities bringing their unique religion and design from England and open hearth cooking, recipes and food preservation (including the invention of the all important tin can) from all these distinctive cultures.



Marilyn Sassi is currently an adjunct instructor at Schenectady County Community College and Hudson Valley Community College. She has also presented series for UCALL at Union College.

She is the past curator of the Schenectady County Historical Society and now serves as their consultant, also the Fulton County Museum and the Van Alstyne Homestead Society.

In addition to her teaching and museum experience, she has had many years of involvement in the field of antiques.

### History, Activities and Events of the Historic Vale Cemetery & Vale Urban Park

Wednesday, June 12th at 11:00 AM in the Great Room



*The Health & Wellness committee is proud to sponsor Dr. Bernie McEvoy from the Vale Cemetery Association in Schenectady.*

Interred here are the founders and leaders of Schenectady's development from a trading post to a center of commerce and industry; artists, poets, writers and distinguished scholars many from Union College; civic leaders; politicians; the "colored," the poor and probably a few scoundrels.

# Concierge Services

We're here, *just for you!*

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? We have access to seasonal events and directions to get there. Want to coordinate or plan a trip? We have ideas for where you may want to go and things you may want to see. Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.

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A supplementary service provided by  
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pharmacy

Mondays and Wednesdays. Call Patty at 347-2206,  
24 hours in advance.

PRICE CHOPPER

Monday— Friday. Call Jessica at 399-6474.

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· GIFTABLE COMFORT FOOD ·  
WHEN YOU WANT TO SEND MORE THAN FLOWERS



*Too busy to grocery shop? Too tired to cook?*

Food Florist meals are available in the front office any day of the week on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$11. You can also order the meal of your choice off their extensive menu. Please have order in by the Friday before delivery.

**This month's anyday choices:**

- Chicken Pot Pie
- Cheesy Chicken Bake
- Bacon Swiss Quiche
- Traditional Sausage Lasagna
- Swedish Meatballs

June Thursday deliveries: June 13th and June 27th

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed).

Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

## On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

To make your appointment, sign up  
in the Great Room.

## Friday Grocery Shopping

Fridays at 10:30 am

## Mall Tuesday

10:00 am, check the calendar each month for this  
select Tuesday trip and Mall location!



## Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 2:00 pm. Please schedule with the office at least one week in advance. Appointments must be within a 10-mile radius.