

S	M	T	W	TH	F	S
<p>1</p> <p>10:30am Mexican Train TAV 1:00pm Rummikub TAV 2:00pm Poker GR</p> <p>3:00pm Archaeology: World's Greatest Sites MOV</p>	<p>2</p> <p>Office is Closed</p> <p>Labor Day</p>	<p>3</p> <p>10:00am Mexican Train TAV 10:00am Podiatrist, Dr. Masias 11:00am Movie Selection Meeting GR 1:00pm Summit Supper Club Sign Up OFFICE 1:30pm Quarter Bingo TAV 3:30pm Wii Bowling Competition LIB 4:30pm Chef Mickey's Salisbury Steak TAV 5:30pm Poker Night GR 6:00pm Fireside Chats PAT</p>	<p>4</p> <p>8:45am Clark Art Institute 9:30am Pickleball with Betty 11:00am Social Knitting & Crochet LIB 11:00am Mat Yoga FS 1:30/6:15pm Movie Matinee MOV 2:00pm Mexican Train TAV 3:30pm Lip Reading LIB 6:00pm Hand & Foot Card Game TAV</p>	<p>5</p> <p>8:30am Fresh Bagel Breakfast GR 10:30am Scrabble TAV</p> <p>1:30pm Great Courses: The Science of Natural Healing MOV</p> <p>2:30pm Vinyl Hour ML 3:30pm Corn Hole & Chip Tasting GR 4:30pm Primo's Pizza & Friendship Salad GR 6:00pm Open Studio Night CR</p>	<p>6</p> <p>10:30am Shopping Shuttle 12:00pm Blood Pressure Clinic GR 1:00pm Meditation LIB 1:30pm Beginner's Line Dancing FS 2:00pm Intermediate Line Dancing FS 3:00pm Hearing Aid Clinic GR 4:00pm BYOB Tavern Time TAV 5:30pm Poker Night GR 6:00pm Rummikub TAV</p>	<p>7</p> <p>10:00am Quarter Bingo TAV 10:30am Board Games GR 1:30/6:15pm Movie Matinee MOV 3:00pm <i>Flavored Lemonade</i> GR 3:30pm Billiards BR 6:00pm Hand & Foot Card Game TAV</p>
<p>8</p> <p>8:30am Pancake Breakfast GR 10:30am Mexican Train TAV 1:00pm Rummikub TAV 2:00pm Poker GR</p> <p>3:00pm Archaeology: World's Greatest Sites MOV</p>	<p>9</p> <p>10:30am Scrabble TAV 11:00am Theatre How-To MOV 11:30am Lunch at The Boathouse 1:00pm Hand & Foot Card Game ML 3:00pm Trivia TAV 4:00pm Happy Hour GR 5:30pm Mahjong TAV 6:15pm Monday Night Movie MOV</p>	<p>10</p> <p>9:30am Saratoga Casino & Raceway 10:00am Mexican Train TAV 11:00am Book Club: <i>The Silent Patient</i> LIB 2:15pm Quarter Bingo TAV 3:30pm Bocce Ball Tournament PAT 4:30pm Chef Mickey's Chicken Parmesan TAV 5:30pm Poker Night GR 6:00pm Fireside Chats PAT</p>	<p>11</p> <p>9:30am Pickleball with Betty 11:00am Social Knitting & Crochet LIB 11:00am Mat Yoga FS</p> <p>11:30am First Responders Delivery 1:00pm All Faith Bible Study Group LIB 2:00pm Resident Meeting with Christy GR 2:45pm Program Meeting GR 3:30pm Lip Reading LIB 6:00pm Hand & Foot Card Game TAV</p> <p>Patriot Day</p>	<p>12</p> <p>10:30am Scrabble TAV 11:00am-2:00pm Old Medication Drop-Off in Office</p> <p>1:30pm A Canal Tour Like Never Before by David Brooks LIB</p> <p>3:00pm Tech Hour GR</p> <p>3:30pm Corn Hole & Olive Oil Tasting GR 4:15pm 9 Miles East To Go 6:00pm Open Studio Night CR</p>	<p>13</p> <p>10:30am Shopping Shuttle 11 am Cooking Class GR 12:00pm Blood Pressure Clinic GR 1:00pm Meditation LIB 1:30pm Beginner's Line Dancing FS 2:00pm Intermediate Line Dancing FS 4:00pm BYOB Tavern Time TAV 5:30pm Poker Night GR 6:00pm Rummikub TAV</p>	<p>14</p> <p>10:00am Quarter Bingo TAV 10:30am Board Games GR 1:00pm Storytelling with Betty LIB 1:30/6:15pm Movie Matinee MOV 3:00pm <i>Ice Cream Novelties</i> GR 3:30pm Billiards BR 6:00pm Hand & Foot Card Game TAV</p>
<p>15</p> <p>10:30am Mexican Train TAV 1:00pm Rummikub TAV 2:00pm Poker GR</p> <p>3:00pm Archaeology: World's Greatest Sites MOV</p>	<p>16</p> <p>10:30am Scrabble TAV 11:00am Immunizations: What to Know LIB 1:00pm Hand & Foot Card Game ML 1:30pm Mr. Bills Golf and Ice Cream 3:00pm Trivia TAV 4:00pm Happy Hour GR 5:30pm Mahjong TAV 6:15pm Monday Night Movie MOV</p>	<p>17</p> <p>10:00am Mexican Train TAV 11:00am Voting Table GR 1:30pm Quarter Bingo TAV 3:30pm Wii Bowling Competition LIB 4:30pm Chef Mickey's Turkey Dinner TAV 5:30pm Poker Night GR 6:00pm Fireside Chats PAT</p>	<p>18</p> <p>9:30am Pickleball with Betty 11:00am Pollinator Gardening by Cornell Cooperative Extension GR 11:00am Social Knitting & Crochet LIB 11:00am Mat Yoga FS</p> <p>1:00pm Saratoga Lake Boat Cruise 1:30/6:15pm Movie Matinee MOV 2:00pm Mexican Train TAV 3:30pm Lip Reading LIB 6:00pm Hand & Foot Card Game TAV</p>	<p>19</p> <p>10:30am Scrabble TAV 1:00pm Paint on Wine Glass CR</p> <p>1:30pm Great Courses: The Science of Natural Healing MOV</p> <p>2:00pm Recycling Review with Jerry GR 3:00pm Monthly Birthday Party GR 4:30pm Red Robin TAV 6:00pm Open Studio Night CR</p>	<p>20</p> <p>10:30am Shopping Shuttle 11:00am Safe Driving for the Mature Driver by Home Instead LIB 1:30pm Beginner's Line Dancing FS 2:00pm Intermediate Line Dancing FS 4:00pm Country Guitarist, John Hill GR 5:00pm BYOB Tavern Time TAV 5:30pm Poker Night GR 6:00pm Rummikub TAV</p>	<p>21</p> <p>10:00am Quarter Bingo TAV 10:30am Board Games GR 1:30/6:15pm Movie Matinee MOV 2:30 pm Classic American Belly Dancing GR 3:00pm <i>Iced Tea</i> GR 3:30pm Billiards BR 6:00pm Hand & Foot Card Game TAV</p>
<p>22</p> <p>8:30am Pancake Breakfast GR 10:30am Mexican Train TAV 1:00pm Rummikub TAV 2:00pm Poker GR</p> <p>3:00pm Archaeology: World's Greatest Sites MOV</p>	<p>23</p> <p>10:30am Scrabble TAV 1:00pm Hand & Foot Card Game ML 2:00pm Benefits of Senior Exercise FS 3:00pm Trivia TAV 4:00pm Happy Hour GR 5:30pm Mahjong TAV 6:15pm Monday Night Movie MOV</p> <p>First Day of Autumn</p>	<p>24</p> <p>10:00am Mexican Train TAV 1:30pm Quarter Bingo TAV 2:30pm Saratoga Springs Public Library Visits GR 3:30pm Bocce Ball Tournament PAT 4:15pm Summit Supper Club with Five Points Dinner TAV 5:30pm Poker Night GR 6:00pm Fireside Chats PAT</p>	<p>25</p> <p>9:30am Pickleball with Betty 11:00am Social Knitting & Crochet LIB 11:00am Mat Yoga FS</p> <p>1:00pm All Faith Bible Study Group LIB</p> <p>1:00pm Gangsters of Saratoga by Greg Veitch GR 1:30/6:15pm Movie Matinee MOV 2:00pm Mexican Train TAV 2:45pm Saratoga Farmer's Market 3:30pm Lip Reading LIB 6:00pm Hand & Foot Card Game TAV</p>	<p>26</p> <p>10:30am Scrabble TAV 11:30am Bell Choir Entertains GR</p> <p>1:30pm Great Courses: The Science of Natural Healing MOV</p> <p>3:00pm Tech Hour GR</p> <p>3:30pm Corn Hole & Brews PAT 4:30pm Dickinson's Dinner TAV 6:00pm Open Studio Night CR</p>	<p>27</p> <p>10:30am Shopping Shuttle 1:00pm Ice Cream Cones GR 1:30pm Beginner's Line Dancing FS 2:00pm Intermediate Line Dancing FS 3:00 pm Autumn Fig Sangria at the Bar TAV 4:00pm BYOB Tavern Time TAV 5:30pm Poker Night GR 6:00pm Rummikub TAV</p>	<p>28</p> <p>10:00am Quarter Bingo TAV 10:30am Board Games GR 1:30/6:15pm Movie Matinee MOV 3:00pm <i>Root Beer Floats</i> GR 3:30pm Billiards BR 6:00pm Hand & Foot Card Game TAV</p>
<p>29</p> <p>10:30am Mexican Train TAV 1:00pm Rummikub TAV 2:00pm Poker GR</p> <p>3:00pm Archaeology: World's Greatest Sites MOV</p>	<p>30</p> <p>10:30am Scrabble TAV 11:00am Martha Stewart Group: Marie Condo Part II MOV 11:30am Lunch at Catherine's in the Park 1:00pm Hand & Foot Card Game ML 3:00pm Trivia TAV 4:00pm New Resident Happy Hour GR 5:30pm Mahjong TAV 6:15pm Monday Night Movie MOV</p> <p>Rosh Hashanah</p>	<p>BR-Billiards Room (3rd Floor) CR-Craft Room (2nd Floor) FS-Fitness Studio GAM-Game Room (2nd Floor) GR-Great Room LIB-Library MOV-Movie Theatre ML-Music Lounge (3rd Floor) PAT - Patio P-Pool TAV-Tavern</p>	<p>The Summit is going Green Recycle CLEAN plastics, tin, aluminum, paper and glass</p> 	<p>Please note that all outings are highlighted in red. Presentations are highlighted in blue.</p> <p>Summit University programs and events are indicated with this icon</p> 		
<p>CONNECTED life</p>  <p>FITNESS</p>	<p>Every Monday Hydro Rider P 8:00am/8:30am Strength Training FS 9:30am Water Walking P 2:00pm</p>	<p>Every Tuesday Water Aerobics P 8:30am Aqua Fit P 9:30am Balance Class FS 10:30am Yoga FS 11:00am Balance Class FS 11:30am Low Impact Aerobics with Weights FS 12:00pm</p>	<p>Every Wednesday Stretch N'Flex FS 9:00am Sit2BeFit FS 10:00am Water Walking P 11:00am/2:00pm Buddy Swim P 1:00pm</p>	<p>Every Thursday Hydro Rider P 8:00am/8:30am Aqua Fit P 9:30am Balance Class FS 10:30am Yoga FS 11:00am Balance Class FS 11:30am Low Impact Aerobics with Weights FS 12:00pm</p>	<p>Every Friday Water Aerobics P 8:30am Hydro Riders P 9:30/10:00am</p>	<p>Every Saturday & Sunday Water Walking P 11:00am Buddy Swim P 1:00pm</p>