



fitbit blaze™



User Manual
Version 1.4

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Get started

Welcome to Fitbit Blaze, the smart fitness watch that helps you meet your fitness goals in style. Take a moment to review our complete safety information at fitbit.com/safety.

What's in the box

Your Blaze box includes:



Tracker



Charging cable

The detachable bands on Blaze come in a variety of colors and materials, sold separately.

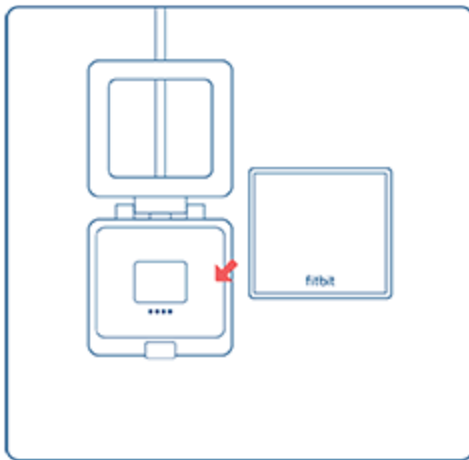
Charge your tracker

A fully-charged Blaze has a battery life of up to 5 days. Battery life and charge cycles vary with use and other factors; actual results will vary.

To charge Blaze:

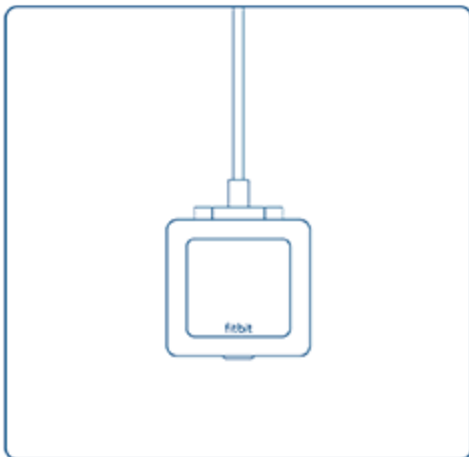
1. Plug the charging cable into the USB port on your computer, or a UL-certified USB wall charger, or another low-energy charging device.

2. Remove the tracker from the wristband. To do so, turn the wristband over and push the screen gently so that it detaches from the frame.
3. Put the tracker inside the charging cradle with the screen facing towards you.



The four gold prongs should be aligned.

4. Close the cradle cover. When your tracker is securely in the cradle, a large battery icon appears to let you know charging has started.




Charging fully takes 1 to 2 hours. While the tracker charges, you can check the clock by tapping the screen, use notifications, and control music. A bright battery icon in the top left of the screen shows the battery level. You can also check battery level while charging by opening then closing the cradle cover to see a larger icon.

Set up with your phone

Set up Blaze with the Fitbit app for iPhones and iPads or Android phones. The Fitbit app is compatible with most popular phones and tablets. For more information, see [fitbit.com/devices](https://www.fitbit.com/devices).



To get started:

1. Download the Fitbit app:
 - [Apple App Store](#) for iPhones
 - [Google Play Store](#) for Android phones
2. Install the app, and open it.
 - If you already have a Fitbit account, log in to your account > tap the Today tab  > your profile picture > **Set Up a Device**.
 - If you don't have a Fitbit account, tap **Join Fitbit** to be guided through a series of questions to create a Fitbit account.
3. Continue to follow the on-screen instructions to connect Blaze to your account.

When you're done with setup, read through the guide to learn more about your new tracker and then explore the Fitbit app.

For more information, see help.fitbit.com.

See your data in the Fitbit app

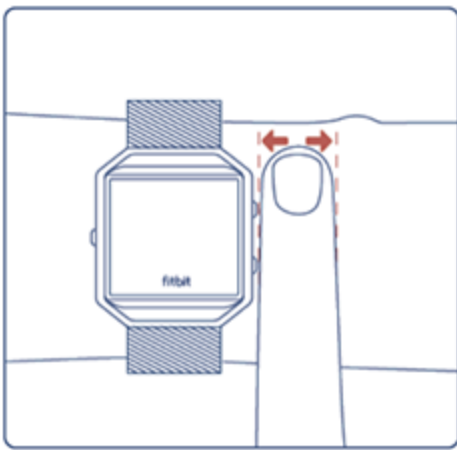
Open the Fitbit app on your phone to view your activity and sleep data, log food and water, participate in challenges, and more.

Wear Blaze

Place Blaze around your wrist. If you purchased another band, see the instructions in "[Change the band](#)" on the facing page.

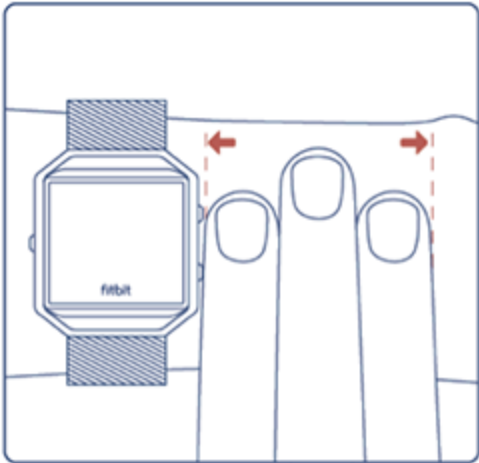
Placement for all-day wear vs. exercise

When you're not exercising, wear Blaze a finger's width above your wristbone.



For optimized heart-rate tracking while exercising:


- During a workout, experiment with wearing the device higher on your wrist (3 finger widths) for an improved fit. Many exercises such as bike riding or weight lifting cause you to bend your wrist frequently, which could interfere with the heart-rate signal if the watch is lower on your wrist.



- Wear your Fitbit device on top of your wrist, and make sure the back of the device is in contact with your skin.
- Consider tightening your band before a workout and loosening it when you're done. The band should be snug but not constricting (a tight band restricts blood flow, potentially affecting the heart-rate signal).

Handedness

For greater accuracy, you must specify whether you wear Blaze on your dominant or non-dominant hand. Your dominant hand is the one you use for writing and eating. To start, the Wrist setting is set to non-dominant. If you wear Blaze on your dominant hand, change the Wrist setting in the Fitbit app:

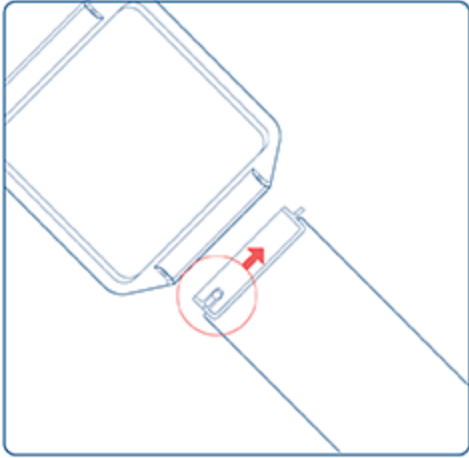
From the Today tab  in the Fitbit app, tap your profile picture > Blaze tile > **Wrist** > **Dominant**.

Change the band

The wristband has two separate bands (top and bottom) that you can swap with accessory bands sold separately.

Remove a band

1. Place Blaze face down on a flat, smooth surface and find the two band removal switches—there's one on each end where the band meets the frame
2. To unlock the switch, use the tip of your finger or nail to gently slide the switch to the opposite end, then pull the band away from the frame.



3. Repeat on the other side.

Attach a new band

Before you attach a new wristband, first identify the top and bottom bands. The top band has a watch buckle at the end of it. The bottom band has notches.

To attach the band:

1. Place your Blaze face down. When it is face down, two buttons are on the left and a single button is on the right.
2. Find the pin opposite the removal switch, and slide it into the hole in the frame.
3. Pull the switch while sliding the band into place then release it to lock the band into the frame.

Basics

Learn how best to navigate, check the battery level, and care for your tracker.

Navigate Blaze

Blaze has a color LCD touch screen and 3 buttons.

Navigate Blaze by swiping side to side, up and down, or pressing a button. To preserve battery, the tracker's screen turns off when not in use.

Basic navigation

The home screen is the clock.


- Swipe up to see any notifications.
- Swipe down to control music and turn notifications on and off.
- Swipe left, then tap to open specialized menus.
- Press the left button to go back to a previous screen or return to the clock face.

Check battery level

When looking at any menu screens, a small icon on the top left shows your battery level. If the battery is low, you'll see a battery icon on the clock face.

Change the clock face

Blaze comes with several clock faces. To change your clock face:

1. From the Today tab  in the Fitbit app, tap your profile picture > Blaze tile.
2. Tap **Clock Display**.

3. Swipe left and right to browse the available clock faces. Tap **Choose** to switch to the selected clock face.

Adjust settings

Manage basic settings including brightness, heart-rate tracking, and Quick View directly on your tracker. Open the Settings menu and tap a setting to adjust it. Swipe up to see the full list of settings.

Care for Blaze


It's important to clean and dry Blaze regularly. For more information, see [fitbit.com/productcare](https://www.fitbit.com/productcare).

Notifications

Blaze can show call, text, calendar, and app notifications from your phone to keep you informed. Keep your tracker within 30 feet of your phone to receive notifications.

Set up notifications

Check that Bluetooth on your phone is on and that your phone can receive notifications (often under Settings > Notifications). Then set up notifications:

1. From the Today tab  in the Fitbit app, tap your profile picture > Blaze tile.
2. Tap **Notifications**.
3. Follow the on-screen instructions to pair your tracker if you haven't already. Call, text, and calendar notifications are turned on automatically.
4. To turn on notifications from apps installed on your phone, including Fitbit and WhatsApp, tap **App Notifications** and turn on the notifications you want to see.

Note that if you have an iPhone, Blaze shows notifications from all calendars synced to the Calendar app. If you have an Android phone, Blaze shows calendar notifications from the calendar app you choose during setup.

For more information, see help.fitbit.com.

See incoming notifications

When your phone and Blaze are within range, a notification causes the tracker to vibrate. If you don't read the notification when it arrives, you can check it later by swiping up on the clock screen.



What time are you leaving tonight?

Manage notifications

Blaze stores up to 30 notifications, after which the oldest are replaced as you receive new ones. Notifications delete automatically after 24 hours. Your tracker can show up to 32 characters of a subject and up to 160 characters of a text message


To manage notifications:

- Swipe up from the clock face to see your notifications and tap any notification to expand it.
- To delete a notification, swipe it to the right.
- To delete all notifications at once, swipe to the bottom of your notifications and tap **Clear All**.
- For longer text notifications, swipe up to scroll through the contents of the text.
- To exit the notifications screen, press the left button.

Turn off notifications

Turn off certain notifications in the Fitbit app, or turn off all notifications in the quick settings on Blaze. When all notifications are turned off, your tracker won't vibrate and the screen won't turn on when your phone receives a notification.

To turn off certain notifications:

1. From the Today tab  in the Fitbit app on your phone, tap your profile picture > Blaze tile > **Notifications**.

2. Turn off the notifications you no longer want to receive on your tracker.
3. Sync your tracker to save your changes.

To turn off all notifications:

1. Press and hold the top right button to open the quick settings.
2. Change the notifications settings to **Off**.

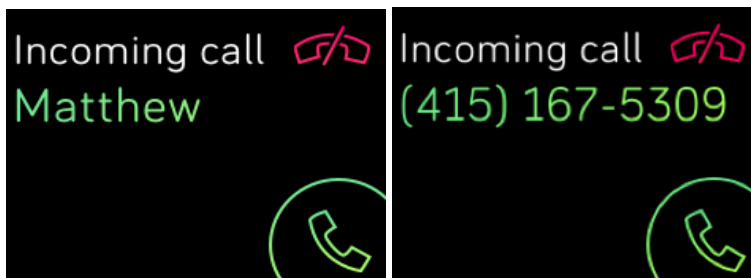
Note that if you use the Do Not Disturb setting on your phone, you don't receive notifications on your tracker until you turn off this setting.

Answer or reject phone calls

If paired to an iPhone, Blaze lets you accept or reject incoming phone calls.

To accept a call, tap the green phone icon on your tracker's screen. Note that you can't speak into the tracker—accepting a phone call answers the call on your nearby phone. To reject a call, tap the red phone icon to send the caller to voicemail.

The caller's name appears if that person is in your contacts list; otherwise you see a phone number.



Timekeeping

Alarms vibrate to wake or alert you at a time you set. Set up to 8 alarms to occur once or on multiple days of the week. You can also time events with the stopwatch or set a countdown timer.

Set an alarm

Set, manage, and delete alarms in the Alarms menu on your tracker. When an alarm goes off, your tracker vibrates. To dismiss the alarm, tap the check mark. To snooze the alarm for 9 minutes, tap the ZZZ icon. You can snooze as many times as you like. Note that your tracker will go into snooze mode automatically if you ignore the alarm for more than 1 minute.

For more information, see help.fitbit.com.

Set a timer or stopwatch

To set a timer or use the stopwatch, open the Timer menu. Swipe left or right to choose between the timer and stopwatch.

Activity Tracking

Blaze continuously tracks a variety of stats whenever you wear it. Data automatically syncs when in range of the Fitbit app throughout the day.

See your stats

From the clock face, swipe left to the Today screen. Tap it and swipe up to see your daily stats:

- Steps taken
- Current heart rate
- Distance covered
- Calories burned
- Floors climbed
- Active minutes
- Hourly activity

Find your complete history and other information detected by your tracker, such as sleep data, in the Fitbit app.

Track a daily activity goal

Blaze tracks your progress toward a daily activity goal of your choice. When you reach your goal, your tracker vibrates and shows a celebration.

Choose a goal

Set a goal to help you get started on your health and fitness journey. To begin, your goal is 10,000 steps per day. Choose to increase or decrease the number of steps, or to change your goal to distance, calories burned, active minutes, or floors climbed.

For more information, see help.fitbit.com.

Track your hourly activity

Blaze helps you stay active throughout the day by keeping track of when you're stationary and reminding you to move.

Reminders nudge you to walk at least 250 steps each hour. You feel a vibration and see a reminder on your screen at 10 minutes before the hour if you haven't walked 250 steps.

When you meet the 250-step goal after receiving the reminder, you feel a second vibration and see a celebration.

Turn on reminders to move in the Fitbit app.

For more information, see help.fitbit.com.

Track your sleep

Wear Blaze to bed to automatically track your time asleep, and sleep stages (time spent in REM, light sleep, and deep sleep). To see your sleep stats, sync your tracker when you wake up and check the Fitbit app.

Set a sleep goal

To start, you have a sleep goal of 8 hours of sleep per night. Customize this goal to meet your needs.

For more information, see help.fitbit.com.

Set a bedtime reminder

The Fitbit app can recommend consistent bedtimes and wake times to help you improve the consistency of your sleep cycle. Turn on bedtime reminders to be reminded nightly when it's time to start getting ready for bed.

For more information, see help.fitbit.com.

Learn about your sleep habits

Blaze tracks several sleep metrics including when you go to bed, how long you're asleep, and your time spent in each sleep stage. Track your sleep with Blaze and check the Fitbit app to understand how your sleep patterns compare to your peers.

For more information, see help.fitbit.com.

Practice guided breathing

The Relax mode on Blaze provides personalized guided breathing sessions to help you find moments of calm throughout the day. You can choose between 2-minute and 5-minute sessions.

1. On your tracker, swipe to the Relax screen.
2. The 2-minute session is the first option. Swipe to choose the 5-minute session.
3. Tap the screen and then tap the play symbol in the bottom right to start the session.
4. Remain still and breathe deeply during the calibration period, which lasts 30-40 seconds. You'll see the phrase "sensing your breathing" on your tracker's screen.
5. After you've completed the session, press the button to return to the clock.

All notifications are automatically disabled during the session. If you've set a silent alarm, Blaze will vibrate at the time specified.

For more information, see help.fitbit.com.

Track your exercise automatically

Blaze automatically recognizes and records many high-movement activities which are at least 15 minutes long. Sync your device to see basic stats about your activity in your exercise history.

For more information, including how to change the minimum duration before an activity is tracked, see help.fitbit.com.

Track and analyze exercise with exercise mode

Track specific exercises with the exercise mode on Blaze to see real-time stats. For complete workout stats, review your exercise history in the Fitbit app.

Note: Blaze uses the GPS sensors on your nearby phone to capture GPS data.

GPS requirements

Connected GPS is available for all supported phones with GPS sensors. For more information, see help.fitbit.com.

1. Turn on Bluetooth and GPS on your phone.
2. Make sure Blaze is paired to your phone.
3. Make sure the Fitbit app has permission to use GPS or location services.
4. Check that connected GPS is turned on for the exercise.
 1. On your tracker, swipe to the exercise screen and tap it, then swipe to find the exercise you want to track with connected GPS.
 2. If you see a gear icon in the lower left, that exercise offers connected GPS. Tap the gear and make sure connected GPS is turned on.
 3. Press the left button to return to the previous screen.
5. Keep your phone with you while you exercise.



Track an exercise

1. Swipe to the exercise screen and tap it.
2. Swipe to find the exercise you want to track and tap it.
3. Tap the play icon to start tracking your exercise.
4. During your workout, tap or swipe up and down to scroll through your real-time stats.
5. When you're done with your workout or want to pause, tap the pause icon.
6. Tap the play button to resume your exercise or tap the flag icon to end exercise mode. You'll see a summary of your results.
7. Tap **Done** to exit exercise mode.

Note:

- If the exercise uses GPS, an icon appears in the top left as your tracker connects to your phone's GPS sensors. When the icon lights up and Blaze vibrates, GPS is connected.

Customize your exercise shortcuts

1. From the Today tab  in the Fitbit app, tap your profile picture > Blaze tile.
2. Tap **Exercise Shortcuts**.
 - To add a new exercise shortcut, tap the **+** icon and select an exercise.
 - To remove an exercise shortcut, swipe left on a shortcut.
 - To reorder an exercise shortcut, tap **Edit**, and press and hold the hamburger icon , then drag it up or down.

Check your workout summary

Sync your tracker to save the workout in your exercise history, where you can find additional stats and see your route if you used connected GPS.

Check your heart rate

Heart-rate zones help you target the training intensity of your choice. Blaze shows your current zone and progress toward your maximum heart rate next to your heart-rate reading. In the Fitbit app, you can see your time spent in zones during a particular day or exercise. Three zones based on American Heart Association recommendations are available, or you can create a custom zone if you have a specific heart rate you're targeting.

Default heart-rate zones

Default heart-rate zones are calculated using your estimated maximum heart rate. Fitbit calculates your maximum heart rate with the common formula of 220 minus your age.

Icon	Zone	Calculation	Description
	Out of Zone	Below 50% of your maximum heart rate	Your heart rate may be elevated, but not enough to be considered exercise.
	Fat Burn	Between 50% and 69% of your maximum heart rate	This is a low-to-medium intensity exercise zone. This zone may be a good place to start for those new to exercise. It's called the Fat Burn zone because a higher percentage of calories are burned from fat, but the total calorie burn rate is lower.
	Cardio	Between 70% and 84% of your maximum heart rate	This is a medium-to-high intensity exercise zone. In this zone you're pushing yourself but not straining. For most people this is the exercise zone to target.
	Peak	Greater than 85% of your maximum heart rate	This is a high-intensity exercise zone. This zone is for short intense sessions that improve performance and speed.

Custom heart-rate zones

Set a custom heart-rate zone or a custom max heart rate in the Fitbit app if you have a specific target in mind. For example, elite athletes might have a target that differs from the American Heart Association's recommendations for most people.

For more information, see help.fitbit.com.

Share your activity

After you complete a workout, sync your tracker with the Fitbit app to share your stats with friends and family.

For more information, see help.fitbit.com.

View your cardio fitness score

View your overall cardiovascular fitness in the Fitbit app. See your cardio fitness score and cardio fitness level, which shows how you compare to your peers. From the Fitbit app dashboard, tap the heart-rate tile, and swipe left to see your detailed cardio fitness stats.

For more information, see help.fitbit.com.

Control music

Use Blaze to control music playing on your phone.

Set up music control

If you have an Android phone, turn on Bluetooth Classic to control music on your phone:

1. Swipe to the settings screen on your Blaze.
2. Tap **Bluetooth Classic** until it's set to Pair.
3. On your phone, navigate to the Bluetooth settings where paired devices are listed. Your phone will scan for available devices.
4. Tap **Blaze (Classic)**. A 6-digit number appears on your phone.
5. When the same 6-digit number appears on your Blaze, tap **Yes** on your tracker.
6. On your phone, tap **Pair**.

Control music

To control music:

1. While music is playing on your phone, swipe down from the clock screen.
2. While music is playing on your phone, double-press the left button on your tracker.
3. Play, pause, or tap the arrow icons to skip to the next track or previous track. To control volume, use the upper-right and lower-right buttons.
4. Press the lower-right button to pause your music, or press the upper-right button to skip to the next track.



Notes:

- Blaze uses the AVRCP Bluetooth profile to control music; therefore, the app providing your music must be compatible with AVRCP.
- Because some compatible music streaming apps do not broadcast track information, song titles won't appear on Blaze. However, if the music app supports AVRCP, you can still pause or skip a track when you can't see its title.

Update Blaze

Update your tracker to get the latest feature enhancements and product updates.

When an update is available, a notification appears in the Fitbit app. After you start the update, a progress bar appears on Blaze and in the Fitbit app until the update is complete. Keep your tracker and phone close to each other during the update.

Note: Updating Blaze takes several minutes and may be demanding on the battery. We recommend plugging your tracker into the charger before starting the update.

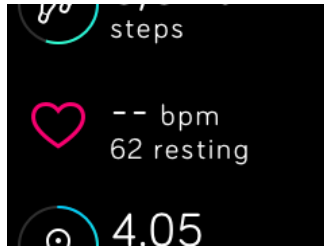
For more information, see help.fitbit.com.

Troubleshooting

If Blaze isn't working properly, see our troubleshooting steps below. Visit help.fitbit.com for more information.

Heart-rate signal missing

Blaze continuously tracks your heart rate while you're exercising and throughout the day. If the heart-rate sensor on your tracker has difficulty detecting a signal, dashed lines appear.



If your device doesn't detect a heart-rate signal, first make sure heart-rate tracking is turned on in the settings on your device. Next, make sure you're wearing your tracker correctly, either by moving it higher or lower on your wrist or by tightening or loosening the band. Blaze should be in contact with your skin. After holding your arm still and straight for a short time, you should see your heart rate again.

For more information, see help.fitbit.com.

Other issues

If you experience any of the following issues, restart your tracker:

- Won't sync
- Won't track steps or other data
- Won't respond to button presses, taps, or swipes

To restart your tracker:

1. Press and hold the left and bottom-right buttons until you see the Fitbit icon on the screen. This should take less than 10 seconds.
2. Let go of the buttons.

For more information or to contact Customer Support, see help.fitbit.com.

General Info and Specifications

Sensors

Fitbit Blaze contains the following sensors and motors:

- A MEMS 3-axis accelerometer, which tracks motion patterns
- An altimeter, which tracks altitude changes
- A vibration motor
- An optical heart-rate tracker
- An ambient light sensor

Materials

The band that comes with Blaze is made of a flexible, durable elastomer material similar to that used in many sports watches. It does not contain latex. Accessory bands are available in genuine leather and stainless steel.

The buckle and frame on Blaze are made of surgical-grade stainless steel. While all stainless steel contains traces of nickel and can cause an allergic reaction in someone with nickel sensitivity, the amount of nickel in all Fitbit products meets the European Union's stringent Nickel Directive.

Wireless technology

Blaze contains a Bluetooth 4.0 radio transceiver.

Haptic feedback

Blaze contains a vibration motor for alarms, goals, notifications, and reminders.

Battery

Blaze contains a rechargeable lithium-polymer battery.

Memory

Blaze holds detailed minute-by-minute information for the most recent 7 days, and 30 days of daily summaries. Heart rate data is stored at one-second intervals during exercise tracking and at five-second intervals at all other times.

Refer to the following table for information on how long Blaze stores your stats and data in between the times you sync your tracker. Your recorded data consists of steps taken, distance traveled, calories burned, floors climbed, active minutes, heart rate, exercise, and sleep tracked.

Sync your tracker with the Fitbit app to access your historical data.

Type of data	Days stored
Minute-by-minute stats	7
Sleep data	7
Sleep stages	5
SmartTrack data	7
Summary totals	30

Display

Blaze has a color LCD touch screen.

Band size

Band sizes are shown below. Note that accessory wristbands sold separately may vary slightly.

Small band	Fits a wrist between 5.5 - 6.7 inches (140 mm - 170 mm) in circumference
Large band	Fits a wrist between 6.7 - 8.1 inches (170 mm - 206 mm) in circumference
Extra large band	Fits a wrist between 8.1 - 9.3 inches (206 mm - 236 mm) in circumference

Environmental conditions

Operating Temperature	14° to 113° F (-10° to 45° C)
Non-operating Temperature	-4° to 113° F (-20° to 45° C)
Water Resistance	Splash proof. Do not shower or swim with the device.
Maximum Operating Altitude	28,000 feet (8,535 m)

Learn more

To learn more about your tracker, how to track your progress in the Fitbit app, and how to build healthy habits with Fitbit Premium, visit help.fitbit.com.

Return policy and warranty

Find warranty information and the fitbit.com return policy at fitbit.com/legal/returns-and-warranty.

Regulatory & Safety Notices

Model Name: FB502

USA: Federal Communications Commission (FCC) statement

Notice to the User: The FCC ID can also be viewed on your device. To view the content:

1. Click the left button on the tracker.
2. Swipe right to the Settings menu.
3. Swipe up until you see Regulatory Info and tap the screen.

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

1. This device may not cause harmful interference and
2. This device must accept any interference, including interference that may cause undesired operation of the device.

FCC Warning

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which

can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device meets the FCC and IC requirements for RF exposure in public or uncontrolled environments.

FCC ID: XRAFB502

Canada: Industry Canada (IC) statement

This device meets the IC requirements for RF exposure in public or uncontrolled environments.

Cet appareil est conforme aux conditions de la IC en matière de RF dans des environnements publics ou incontrôlée

IC Notice to Users English/French in accordance with current issue of RSS GEN:

This device complies with Industry Canada license exempt RSS standard(s).

Operation is subject to the following two conditions:

1. This device may not cause interference, and
2. This device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil est conforme avec Industrie Canada RSS standard exempts de licence (s). Son utilisation est soumise à Les deux conditions suivantes:

1. Cet appareil ne peut pas provoquer d'interférences et
2. Cet appareil doit accepter Toute interférence, y compris les interférences qui peuvent causer un mauvais fonctionnement du dispositif

CAN ICES-3 (B)/NMB-3(B)

European Union (EU)

Simplified EU Declaration of Conformity

Hereby, Fitbit, Inc. declares that the radio equipment type Model FB502 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: www.fitbit.com/safety

Vereinfachte EU-Konformitätserklärung

Fitbit, Inc. erklärt hiermit, dass die Funkgerätypen Modell FB502 die Richtlinie 2014/53/EU erfüllen. Der vollständige Wortlaut der EU-Konformitätserklärungen kann unter folgender Internetadresse abgerufen werden: www.fitbit.com/safety

Declaración UE de Conformidad simplificada

Por la presente, Fitbit, Inc. declara que el tipo de dispositivo de radio Modelo FB502 cumple con la Directiva 2014/53/UE. El texto completo de la declaración de conformidad de la UE está disponible en la siguiente dirección de Internet: www.fitbit.com/safety

Déclaration UE de conformité simplifiée

Fitbit, Inc. déclare par la présente que les modèles d'appareils radio FB502 sont conformes à la Directive 2014/53/UE. Les déclarations UE de conformité sont disponibles dans leur intégralité sur le site suivant : www.fitbit.com/safety

Dichiarazione di conformità UE semplificata

Fitbit, Inc. dichiara che il tipo di apparecchiatura radio Modello FB502 è conforme alla Direttiva 2014/53/UE. Il testo completo della dichiarazione di conformità UE è disponibile al seguente indirizzo Internet: www.fitbit.com/safety



Australia and New Zealand



R-NZ

China



部件名称	有毒和危险品					
Blaze Model FB502	铅 (Pb)	水银 (Hg)	镉 (Cd)	六价铬 (Cr(VI))	多溴化苯 (PBB)	多溴化二苯 醚 (PBDE)
表带和表扣	○	○	○	○	○	○
电子	X	○	○	○	○	○

本表格依据 SJ/T 11364 的规定编制

○ = 表示该有害物质在该部件所有均质材料中的含量均在 GB/T 26572规定的限量要求以下

X = 表示该有害物质至少在该部件的某一均质材料中的含量超出 GB/T 26572规定的限量要求

Israel

התאמה אישור 51-51909

המוצר של המודולארי בחלק טכני שינוי כל לבצע אין.

Japan



201-150444

Mexico

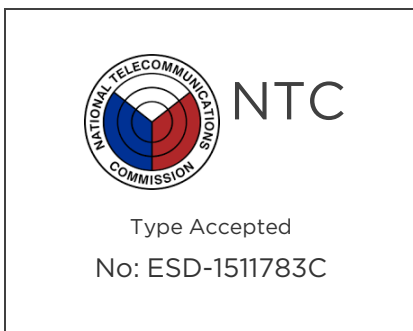


IFETEL: RCPFIFB15-1706

Oman

OMAN-TRA/TA-R/2932/15

Philippines



Singapore

Complies
with IDA
Standards
DA00006A

South Africa



TA-2015/2025

APPROVED

South Korea

클래스 B 장치 (가정 사용을 위한 방송 통신 기기): EMC 등록 주로 가정용 (B 급)으로하고, 모든 지역에서 사용할 수 있습니다 얻을이 장치.

*** 해당 무선설비는 전파혼신 가능성이 있으므로 인명안전과 관련된 서비스는 할 수 없습니다.***

- 사용 주파수 (Used frequency):	2400 MHz-2480 MHz
- 채널수 (The number of channels):	79/40
- 공중선전계강도 (Antenna power):	-1.12 dBi
- 변조방식 (Type of the modulation):	Digital
- 안테나 유형(Antenna Type):	IFA
- 출력 (Output power):	-2.9dBm
- 안테나 종류 (Type of Antenna)	Stamped Metal

KCC approval information

1) Equipment name (model name): 무선데이터 통신시스템용 특정소출력무선기기	FB502
2) Certificate number :	MSIP-CMM-XRA-FB502
3) Applicant :	Fitbit, Inc.
4) Manufacture:	Fitbit, Inc.
5) Manufacture / Country of origin:	P.R.C.

Serbia



M005 16

Taiwan



CCAJ15LP5520T5

注意！

依據 低功率電波輻射性電機管理辦法

第十二條 經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能

第十四條

低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。

前項合法通信，指依電信法規定作業之無線電通信。

低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

Translation:

Low power warning:

According to the management method of low power radio wave radiating motor.

Article 12

Low-power RF motors that have passed the type certification are not allowed to change the frequency, increase the power or change the characteristics and functions of the original design without permission.

Without permission, any company, firm or user shall not alter the frequency, increase the power, or change the characteristics and functions of the original design of the certified lower power frequency electric machinery.

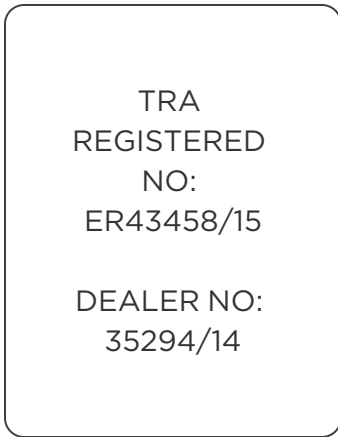
Article 14

The use of low-power RF motors shall not affect flight safety and interfere with legal communications; if interference is found, it shall be immediately deactivated and improved until no interference is required.

Legal communication in the preceding paragraph refers to radio communications operating in accordance with the provisions of the Telecommunications Act. Low-power RF motors must withstand interference from legitimate communications or radiological electrical equipment for industrial, scientific, and medical use.

The application of low power frequency electric machineries shall not affect the navigation safety nor interfere a legal communication, if an interference is found, the service will be suspended until improvement is made and the interference no longer exists. The foregoing legal communication refers to the wireless telecommunication operated according to the telecommunications laws and regulations. The low power frequency electric machinery should be able to tolerate the interference of the electric wave radiation electric machineries and equipment for legal communications or industrial and scientific applications.

United Arab Emirates



Safety Statement

This equipment has been tested to comply with safety certification in accordance with the specifications of EN Standard: EN60950-1:2006 + A11:2009 + A1:2010 +

A12:2011 + A2:2013.

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