

Fresh Advocate

SPRING 2015



NEWS FLASH!!

**GROWING GROUNDS
DOWNTOWN
RETURNS TO FARMER'S
MARKET IN MARCH!! ***

*** Weather determines
start date.**

Everything Edible **PLANT SALE**



Growing Grounds Farm

Pesticide-Free Veggies, Heirloom Tomatoes,
Peppers, Eggplant, Herbs, Fruits and More.

Saturday, April 11 from 10:00am-4:00pm
Sunday, April 12 from 11:00am-4:00pm

Growing Grounds Downtown
956 Chorro Street, San Luis Obispo

1 hour of free parking in the nearby Palm Street parking garage

For more information visit us on Facebook or call 805.544.4967



A program of Transitions-Mental Health Association
Inspiring hope, growth, recovery and wellness in our communities.



VOLUNTEER AT GROWING GROUNDS DOWNTOWN!

Help clients be defined by their
strengths, gifts & community!
Call: 805-540-6511

BOWL-A-THON 2015
March 6 through March 22
More info: www.t-mha.org

LIKE US ON FACEBOOK.

REVIEW US ON YELP.

**REMEMBER: ONE HOUR FREE
PARKING AT THE PALM ST.
GARAGE.**



Transitions-Mental Health Association

Post Office Box 15408
San Luis Obispo CA 93406
www.t-mha.org
805-540-6500

MOTHER'S DAY

May 10, 2015

**Don't forget to order
your Rieger Begonias by
May 4th.
(See store staff for details.)**



**STARTS MAY 1st
AT GROWING
GROUNDS
DOWNTOWN!!**

GROWING GROUNDS DOWNTOWN STORE

956 Chorro Street
(Across from the Mission)
Downtown, San Luis Obispo,
805-544-4967

HOURS

10am-5:30pm, Mon.- Sat.
11am-5pm, Sunday

GROWING GROUNDS FARM AND NURSERY, SLO

3740 Orcutt Rd.
San Luis Obispo
805-543-6071

HOURS

11am-4pm, 3rd Tuesday of
each month

GROWING GROUNDS FARM, SANTA MARIA

820 W. Foster Rd, Santa Maria,
805-934-2182

FARM STAND HOURS

Thursday, Noon-Dusk

