

Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities

Community Action Team (CAT)

The Community Action Team (CAT) Social Worker partners with the San Luis Obispo Police Department to have law enforcement and mental health support side-by-side in the field. The team members respond to calls involving mental health issues and look to provide immediate support options to the clients in crisis. Case management, therapy, and referrals to long-term supports (such as housing, employment, and primary health screening) may all be part of what this team provides. The ultimate goal is to avoid overburdening our local jail, and provide resources, supports and potential family reunification to clients.



