



FOR IMMEDIATE RELEASE

March 2, 2015

**Contact: Shannon McQuat, Community Outreach Manager
Transitions-Mental Health Association
805.550.7692, Shannon@t-mha.org**

**TRANSITIONS-MENTAL HEALTH ASSOCIATION RECEIVES SUPPORT FROM
CENTRAL COAST NURSE PRACTITIONERS & PHYSICIAN ASSISTANTS**

San Luis Obispo, CA – Transitions-Mental Health Association (TMHA) has received a \$500 donation from the Central Coast Nurse Practitioners & Physician Assistants (CCNPPA).

For over 38 years, CCNPPA, has served and supported its members and community groups in providing accessible, high quality healthcare. As the oldest professional organization of advanced clinical practitioners in the State, CCNPPA has been providing scholarships, charitable contributions and free health screenings and education for the community at local health fairs and running events. CCNPPA provides opportunities for education, professional growth, development and networking to its members.

“As part of our commitment to the community’s health and well-being, it is with great pleasure that the local group of Nurse Practitioners & Physician Assistants award Transitions-Mental Health Association with a \$500 donation to help facilitate their very important work,” said Kris Dilworth, CCNPPA Treasurer. “Many of our members do or have worked with the mental health population, and we appreciate all you do to support individuals who struggle with these issues in our community.”

“Nurse Practitioners and Physician Assistants are a critical part of our health care system,” said Christine Burkett, TMHA Board Member. “Their recognition and support of Transitions-Mental Health Association is gratifying and greatly appreciated.”

Transitions-Mental Health Association is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. TMHA operates 30 programs at over 35 locations that reach over 2,000 people and 1,500 families in San Luis Obispo and Santa Barbara counties. The emphasis of TMHA's many services is to teach vital independent living skills, and build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, TMHA has been dedicated to providing housing, employment, case management and life-skills support to teens and adults with mental illness; and support, resources and education for their loved ones.

###



Photo Caption: Nancy Walden, CCNPPA Outreach; Kris Dilworth, CCNPPA Treasurer and Membership; Christine Burkett, TMHA Board Member; Tom Comar, CCNPPA Vice President; and Bethany Fisher, CCNPPA President.