



Full Service Partnership (FSP) Program Adult Teams

Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities.



WELLNESS • RECOVERY • RESILIENCE

San Luis Obispo County Full Service Partnership (FSP) Program is actually a collection of Mental Health Services Act funded programs that provides 24/7 intensive community-based wrap around services to help people in recovery live independently. The FSP Program is comprised of six separate intensive case management Teams that work with program participants on a variety of rehabilitative services. FSP Teams include:

- Two Adult FSP Teams (one in North County and one in SLO/South County)
- One Older Adult FSP Team
- One Forensic Re-Entry Services FSP Team
- One Behavioral Health Treatment Court FSP Team
- One Homeless Outreach FSP Team

Supportive housing through the FSP Housing Team is also a major component of the FSP program, but adults and older adults who currently have their own housing may receive services and participate in activities in their homes and within the immediate community as well. Program participants are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence possible. Services can include:

- Supportive advocacy, case management, and rehabilitative mental health services
- Regular appointments with psychiatrists and other mental health staff
- Regular access to medical services
- Highly individualized treatment planning and goal setting
- Vocational and educational opportunities
- Housing opportunities
- The development of independent living skills, including cooking, cleaning, grocery shopping, conflict resolution, money management, and social skills
- Co-occurring disorder support groups for clients who also have problems with substance abuse
- Activities designed to promote wellness and recovery within an integrated community setting

The Full Service Partnership Program focuses on encouraging each consumer's recovery and pursuit of a full, productive life by working with the whole person, rather than only focusing on alleviating symptoms. Services and staff teams are fully integrated with the participant to give each member a range of choices; making the consumer the main decision-maker in his or her own recovery process.