



Full Service Partnership (FSP) Program Homeless Outreach Team

Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities.



WELLNESS • RECOVERY • RESILIENCE

The Full Service Partnership (FSP) Homeless Outreach Team is one of a collection of six FSP Teams that can provide intensive community-based wrap around services within San Luis Obispo County. The FSP Homeless Outreach Team works within the community to engage homeless individuals struggling with mental health issues and link them to service and support to address their mental, physical, and social health concerns.

Program participants are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence possible. Services can include:

- Supportive care, case management, and rehabilitative mental health services
- Regular appointments with psychiatrists and other mental health staff
- Regular access to medical services
- Highly individualized treatment planning and goal setting
- Vocational and educational opportunities
- Housing opportunities, both short term and long term
- The development of independent living skills, including cooking, cleaning, grocery shopping, conflict resolution, money management, and social skills
- Co-occurring disorder support groups for clients who also have problems with substance abuse
- Activities designed to promote wellness and recovery within an integrated community setting

The Full Service Partnership Program focuses on encouraging each consumer's recovery and pursuit of a full, productive life by working with the whole person, rather than only focusing on alleviating symptoms. Services and staff teams are fully integrated with the participant to give each member a range of choices; making the consumer the main decision-maker in his or her own recovery process.