



Transitions-Mental Health Association
Inspiring hope, growth, recovery and wellness in our communities

Full Service Partnership (FSP) Housing

The program provides intensive community-based wrap around services to help people in recovery live independently in a variety of community housing and apartment rentals throughout San Luis Obispo and Atascadero. There are a total of 33 beds of Congregate Supported Independent Living for enrollees of FSP program.

What Is It Like?

Services may include:

- Individualized supportive advocacy, case management and life management skills
- Individual therapy and therapeutic groups
- Assistance with independent living skills (budgeting, proper nutrition, cleaning, personal hygiene, social skills, relationship skills, vocational support)
- Regular appointment with psychiatrist and medication manager
- Monitoring of clients' psychiatric symptoms and their responses to treatment
- Educating clients and their support persons about the nature, symptoms and coping strategies of mental illness
- Assisting clients in developing appropriate coping skills for symptoms management
- 24/7 response to individual's mental health crises
- Goal-oriented, collaboratively developed individual recovery plans
- Housing and supportive housing services
- Supported employment, volunteer, and educational opportunities

The goal FSP Housing program is to support individuals in their personal journey of healing, wellness and recovery to live with increased independence and self-determination. Clients typically meet many of their goals within 18 months however, individual treatment needs vary and treatment may be shorter or longer depending on each person's needs.

Who Is Eligible for the Program?

Clients of the Adult Full Service Partnership Program, which requires a referral from San Luis Obispo County Behavioral Health.

