



Transitions – Mental Health Association
784 High Street, San Luis Obispo, CA 93401
www.T-MHA.org (805) 540-1926

Volunteer Job Description

Position Title: **VOLUNTEERING AT GROWING NURSERY SAN LUIS OBISPO**

Supervisor: Division Director

About Transitions-Mental Health Association

Transitions-Mental Health Association (TMHA) is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. We operate 30 programs at over 35 locations in San Luis Obispo and North Santa Barbara counties. The emphasis of our innovative services is to teach vital independent living skills and help build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, TMHA has been dedicated to providing work, housing, case management and life-skills support to teens and adults with mental illness while offering support, resources and education for their loved ones.

Position Summary

Growing Grounds Nursery (at 3740 Orcutt Road, San Luis Obispo / (805) 543-6071 / www.GrowingGroundsFarm.org) provides individual or small group volunteer opportunities to work with our clients Tuesday through Friday from 9:00am to 1:00pm. Other arrangements can be made on a limited basis (but will involve less contact, if any, with our target population).

Farm Details

- Growing Grounds Nursery is located at 3740 Orcutt Road (about 60 yards south of the intersection of Orcutt and Johnson, next to the PG&E substation).
- We have on-site parking for volunteers. Several buses stop within 60 yards of the Farm, and it is an easy bicycle ride of about 20 minutes from Cal Poly.
- Work is done outdoors; weather can vary considerably.
 - Bring a hat and water bottle, and wear appropriate clothing (close-toed shoes, no bare midribs or shoulders, no short-shorts) and sunscreen if appropriate.
 - If it is raining, please call ahead. Farm staff sometimes elects not to work in the rain. Volunteers are never required to work in rainy conditions, but may choose to do so if staff is available to supervise.

To Apply

Please apply at www.t-mha.org/volunteer.php or contact Frank Ricceri, Division Director, with questions regarding this volunteer position at 805-543-6071 or fricceri@t-mha.org

With advance notice, the farm can also accommodate large groups of up to 100 volunteers. These large groups are usually scheduled on Saturdays and Sundays with staff supervision. Please contact Wayne Tyo at 805-543-6071 if your group is interested.

We appreciate the many contributions of our community!