



**Transitions – Mental Health Association**  
784 High Street, San Luis Obispo, CA 93401  
www.T-MHA.org (805) 540-6500

## **Volunteer Job Description**

Position Title: Growing Grounds Downtown Store Volunteer

Supervisor: Growing Grounds Downtown Store Manager

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### **About Transitions-Mental Health Association**

Transitions-Mental Health Association (TMHA) is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community, and family support services.

### **Volunteer Position Summary**

The role of TMHA's Growing Grounds Downtown Volunteer is to provide on-call support for the store when staff are unavailable. The volunteer upholds the agency mission in all duties performed and will promote recovery, wellness, and a trauma-informed approach to service delivery.

### **Responsibilities and Duties**

Growing Grounds Downtown volunteers replace staff (sometimes at the last minute), greet customers, and remind patrons of COVID-related guidelines. The volunteers help maintain a therapeutic, welcoming, and safe store environment. The volunteers have a flexible schedule to accommodate the varying shift needs of the store. While volunteering, they are urged to be friendly, warm, welcoming, and able to interact with customers. Some knowledge of plants is desired.

### **Job Environment**

Volunteer time will be spent in the store on uneven paved surface with little time to sit down. The store is an indoor/outdoor space that corresponds with the weather and temperature changes.

### **Minimum Requirements**

- Must be at least 18 years of age.
- Strong interpersonal skills and oral communication skills; collaborative work style; able to effectively assist a variety of people and personality types regardless of ethnic, racial or religious background or socio-economic level.
- Must be reliable and have the ability to work independently.
- Must provide valid ID, have finger prints live-scanned, and receive a criminal record clearance satisfactory to TMHA's insurance carrier as a condition of

volunteer employment.

- Must use reasonable precautions in the performance of one's duties and adhere to all applicable safety rules and practices while acting in such a manner as to assure at all times, maximum safety to one's self, fellow volunteers/employees, clients, and other persons contacted through TMHA business.

Please apply at [www.t-mha.org/volunteer.php](http://www.t-mha.org/volunteer.php) or contact the Community Resource Coordinator with questions regarding this volunteer position at 805-540-6564 or [volunteer@t-mha.org](mailto:volunteer@t-mha.org)

*Thank you for supporting TMHA! We appreciate the many contributions of our community.*