



Intensive Community Services of SLO County

Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities.



MHSA FORENSIC TEAMS AND RECIDIVISM REDUCTION GRANTS

The **Behavioral Health Treatment Court (BHTC) Team** is comprised of a TMHA Personal Service Specialist, a County Behavioral Health Therapist, a County Behavioral Health Psychiatric Technician, and a County Probation Officer. The BHTC team collectively works with 25-40 clients at any given time. The program acts as a divergence program, offering a reduced amount of probation time in connection with participation in mental health treatment.

The **Forensic Re-Entry Services (FRS) Team** is made up of 2 TMHA case managers who go into the County Jail and link with clients preparing to be discharged from custody, and transition them back into the community by connecting them to mental health treatment, residential opportunities, funding assistance, etc.

FULL SERVICE PARTNERSHIP (FSP) HOMELESS OUTREACH TEAM (HOT) PATH (PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS)

The **FSP Homeless Outreach Team (HOT)** is a collaborative, multidisciplinary team that goes into the community to engage with homeless adults with mental health issues and links them to support services in the community. The team is made up of a Nurse, County Behavioral Health Psychiatric Technician, County Behavioral Health Therapist, a TMHA Peer Support Specialist, two TMHA Outreach Workers, and a TMHA Case Manager. The team engages with more than 200 people annually, with approximately 50 of those engaged clients receiving assessment and full mental health services in the community. This team has added **PATH (Projects for Assistance in Transition from Homelessness)** funding to specifically outreach to veterans in the community and link with homeless clients leaving the in-patient unit in SLO County.

ASSISTED OUTPATIENT TREATMENT (AOT) FULL SERVICE PARTNERSHIP (FSP) PROGRAM

Assisted Outpatient Treatment (AOT) is a sustained and intensive court-ordered treatment program delivering services in the community for those who are most overcome by the symptoms of severe mental illness. This multidisciplinary treatment program is only used until a person is well enough to maintain his or her own treatment regimen voluntarily. The TMHA portion of AOT is made up of 3 service providers (a therapist, a case manager, and a mentor) who serve as a bridge to wellness and recovery for those released from inpatient facilities as well as an alternative to hospitalization. Assisted Outpatient Treatment can stop the “revolving door” of repeated hospitalizations, incarcerations, and homelessness through the incorporation of this intensive case management team; providing hope to those who have been without it for so long.

CONTACT

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