











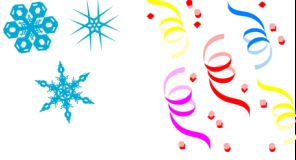













Santa Maria Recovery
 Learning Community (RLC)
 225 E. Inger Drive 101A
 (805) 928-0139

Happy January 2022

New Year

Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Happy New Year's</i> 
3 <i>By Appointment Only</i> 10-12pm CRT 12-2pm Family Support Group (V) 	4 <i>Open Hours 9-4pm</i> NO FOOD BANK 1pm Yoga Class 	5 <i>Open Hours 10-7pm</i> 2-4:30pm New Year's Karaoke Party- You Must Sign Up! 	6 <i>Open Hours 9-4pm</i> 1pm Anxiety & Depression Group (V)  <u>NO</u> Men's Group (V) 1pm Basic Computer Class (I)	7 <i>Open Hours 9-4pm</i> 11-4pm Monarch Butterflies and Lunch at Splash Café RSVP Must Bring \$\$	8 <i>Open Hours 9-12pm</i> Coffee with Friends Must RSVP (I) 
10 <i>By Appointment Only</i> 10-12pm CRT 12-2pm Family Support Group (V) 	11 <i>Open Hours 9-4pm</i> 11-12:30pm Food Bank Pick Up RSVP by 5pm Monday (I) 1pm Yoga Class (V)	12 <i>Open Hours 10-7pm</i> 10am Digital Literacy Class 11am Gratitude & Wellness (V)  3pm Game & Movie night	13 <i>Open Hours 9-4pm</i> 1pm Anxiety & Depression Group (V) <u>NO</u> Men's Group (V) 1pm Basic Computer Class (I)	14 <i>Open Hours 9-4pm</i> 	15 <i>Open Hours 9-12pm</i> Coffee with Friends Must RSVP (I) 
17 <i>By Appointment Only</i> 10-12pm CRT 12-2pm Family Support Group (V) 	18 NO FOOD BANK 1pm Yoga Class (V) 	19 <i>Open Hours 10-7pm</i> 10am Digital Literacy Class 11am Gratitude & Wellness (V) 3pm Game & Movie night	20 <i>Open Hours 9-4pm</i> <u>NO</u> Anxiety & Depression Gp 1pm- CFMAT Meeting <u>NO</u> Men's Group (V) 1pm Basic Computer Class (I)	21 <i>Open Hours 9-4pm</i> 	22 <i>Open Hours 9-12pm</i> 
24 <i>By Appointment Only</i> 10-12pm CRT 12-2pm Family Support Group (V)	25 <i>Open Hours 9-4pm</i> 11-12:30pm Food Bank Pick Up RSVP by 5pm Monday (I) 1pm Yoga Class (V)	26 <i>Open Hours 10-7pm</i> 10am Digital Literacy Class 11am Gratitude & Wellness (V) 3pm Game & Movie night	27 <i>Open Hours 9-4pm</i> 1pm Anxiety & Depression Group (V)  <u>NO</u> Men's Group (V) 1pm Basic Computer Class (I)	28 <i>Open Hours 9-4pm</i> 12-1:30pm Birthday Celebration Luncheon - Must RSVP 	29 <i>Open Hours 9-12pm</i> Coffee with Friends Must RSVP (I) 
31 <i>By Appointment Only</i> 10-12pm CRT 12-2pm Family Support Group (V) 		- (V)-Virtual - (I)- In Person [For in person please RSVP] Must Wear a Mask 	Please call our center if you have any questions or need more information about becoming an RLC Member	Computer Lab Hours Tuesday: 10-2pm Wednesday 10-3pm Thursday 1-4pm	[Please call to schedule a time of appointments]