

LOMPOC ACT

Lompoc ACT is an Assertive Community Treatment (ACT) model-based program in Lompoc. As an ACT model program, the staff functions as a team and provide services for adults, older adults, and transitional age youth with serious and persistent mental illness. The team provides treatment, support and rehabilitation services in the community with a “whatever it takes” approach. Lompoc ACT is committed to reducing homelessness, hospitalizations, and incarceration and focuses on encouraging each individual’s recovery and pursuit of a full, productive life.

Services Provided

Services are delivered to clients as requested, in each person’s preferred language, giving each individual the opportunity and ability to have input into their individual treatment plan. Services may include:

- 24/7 response to individual’s mental health crises
- Individualized support services
- Goal-oriented, collaboratively developed individual recovery plans
- Individual and group therapy services
- Housing and supportive housing services
- Group and individual support with substance dependence
- Supported employment, volunteer, and educational opportunities
- Relationship and communication skills
- Vocational skills enhancement
- Assistance in financial areas (budgeting, shopping tips)
- Meal planning and transportation planning
- Medication support
- Counseling support by mental health and alcohol and drug specialists
- In-home assistance with life skills

Program Eligibility

Adults, older adults, and transitional age youth receiving services through the Santa Barbara County Department of Behavioral Wellness may be referred to Lompoc ACT. There are five spots reserved for ACT Outreach and Education (ACTOE), for individuals who need encouragement to join the program.

Length of Treatment

The goal of the ACT Program is to support each individual in their personal wellness and community connections. Ideally, clients will reach a level that enables them to step down to a lower level of support within 12-18 months. However, individual treatment needs vary and treatment may be of shorter or longer duration depending on each person’s needs.

For more information, call 805-865-1940



Transitions-Mental Health Association
Post Office Box 15408, San Luis Obispo CA 93406
Phone: (805) 540-6500 • Fax: (805) 540-6501 • info@t-mha.org



WELLNESS • RECOVERY • RESILIENCE