



Transitions-Mental Health Association
Inspiring hope, growth, recovery and wellness in our communities

Nelson Street Studios

This development features 5 studio apartments, a laundry room, car port, garage, and a courtyard. The project provides affordable housing for low and very low income residents in South San Luis Obispo County. The project is located next to our Wellness Center, Safe Haven.

What Is It Like?

This program offers independent long-term, affordable housing in a stable and supported environment for adult residents who are in treatment with San Luis Obispo Behavioral Health. Residents are helped to gain skills needed to make choices that reflect their own values, preferences and goals. Staff meets with residents on a regularly scheduled and as-needed basis. Services are adjusted to meet each resident's individual needs-intensive, moderate or low levels of support. Staff provides assistance with independent living, information and referral services, advocacy and consultation services, counseling and intervention services, and training and education.

Who Is Eligible for the Program?

Residents are referred by San Luis Obispo County Behavioral Health Services, which provides ongoing treatment and medication monitoring.



WELLNESS • RECOVERY • RESILIENCE

