



CALL FOR STORYTELLERS:

Opening Minds Storytelling Session 2024

In collaboration with SLO County Arts, Transitions-Mental Health Association (TMHA) is excited to extend an invitation to passionate storytellers for the Opening Minds Storytelling Session. This event, dedicated to illuminating personal journeys toward mental wellness, will take center stage during Mental Health Awareness Month on Friday, May 10th.

SUBMISSIONS OPEN:

Now through March 29th

STORYTELLING SESSION DATE:

Friday, May 10th

LOCATION: The Bunker, 810 Orcutt Rd., San Luis Obispo, CA

ABOUT OPENING MINDS

Since its inception in 1995, Opening Minds has been a community celebration of living mentally well. TMHA's mission is to amplify community awareness about mental health, dismantling stigma through the captivating power of art and live performances. Opening Minds firmly believes in recognizing individuals for their strengths, contributions, and talents, rather than pigeonholing them with any diagnosis or label.

We warmly welcome storytellers from all walks of life—whether you have experienced mental illness or have been a supporter, friend, or advocate. If you have a narrative that aligns with the theme of resilience and mental well-being, we invite you to share your journey with our community.

GUIDELINES

- Storytellers may submit up to three (3) storytelling pieces.
- Stories should align with the theme of mental wellness and resilience.
- Each storytelling piece should be presented within a 10-minute timeframe.
- All stories should be suitable for live presentation at The Bunker.

ENTRY PROCEDURE

- No entry fees.
- Submit your application at the QR code below.
- Include a brief description of your story and any relevant links or samples.



For inquiries, please reach out to Clara Cobb at ccobb@t-mha.org or 805-540-6564.

Join us in illuminating the power of storytelling to inspire resilience and foster mental well-being!

