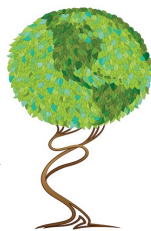















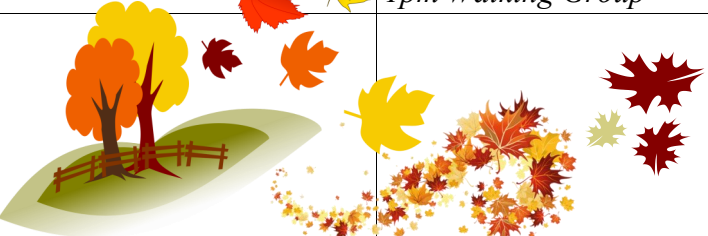


Santa Maria Recovery
 Learning Community (RLC)
 225 E. Inger Drive Suite 101 A
 (805) 928-0139



September 2019

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>CLOSED in Observance of Labor Day</p>	<p>3 Open Hours 8-4pm</p> <p>10:30-12:30pm Food Bank Members Only</p> 	<p>4 Open Hours 8-4pm</p> <p>10:30am WRAP</p> <p>12pm Lunch Program-RSVP Tri-Tip Sandwiches</p> <p>1pm Walking Group</p> 	<p>5 Open Hours 8-2pm</p> <p>10:30-3pm Swimming at the Lompoc Aquatic Center & Picnic Lunch at the Park</p> <p>You Must Sign Up!</p> 	<p>6 Open Hours 9:30-12:30pm</p> <p>10-4pm Thrift Store Shopping & Lunch in SLO</p> <p>You Must Sign Up & Bring Money \$!</p> 
<p>9 Open Hours 12-4pm</p> <p>No Computer Classes</p> <p>9-12pm Center Beautification</p> <p>12pm Film Club</p>	<p>10 Open Hours 8-4pm</p> <p>10:30-12:30pm Food Bank Members Only</p> 	<p>11 Open Hours 8-4pm</p> <p>10:30am WRAP</p> <p>12-2pm Bread of the Month</p> <p>RSVP –Apple Walnut Bread</p> <p>You Must Sign Up!</p> 	<p>12 Open Hours 8-4pm</p> <p>10:30am Open Art Studio</p> <p>2pm Hearing Voices Support Group</p> 	<p>13 Open Hours 2-5pm</p> <p>5pm-8pm Alliance For Mental Wellness: Suicide Prevention Forum at Allan Hancock College</p> <p>You Must Sign Up!</p>
<p>16 Open Hours 8-4pm</p> <p>9:30am Embracing Aging Computer Class</p> <p>12pm Film Club</p> 	<p>17 Open Hours 8-4pm</p> <p>10:30-12:30pm Food Bank Members Only</p> 	<p>18 Open Hours 8-4pm</p> <p>10:30am WRAP</p> <p>12pm Lunch Program-RSVP Stuffed Spinach Cheese Chicken Cutlets w/Rice</p> <p>1pm Calendar Planning</p>	<p>19 Open Hours 8-4pm</p> <p>10:30am Open Art Studio</p> <p>2pm Hearing Voices Support Group</p> 	<p>20 Open Hours 9:30-12:30pm</p> 
<p>23 Open Hours 8-4pm</p> <p>9:30am Embracing Aging Computer Class</p> <p>11am Open Lab Class</p> <p>12pm Film Club</p> 	<p>24 Open Hours 8-4pm</p> <p>10:30-12:30pm Food Bank Members Only</p> 	<p>25 Open Hours 8-4pm</p> <p>10:30am QPR Training (Question, Persuade, Refer)</p> <p>12pm Lunch Program-RSVP Tamale Pie & Birthday Celebrations</p> <p>1pm Walking Group</p>	<p>26 Open Hours 8-4pm</p> <p>10:30-12pm Fall Pumpkin Craft</p> <p>You Must Sign Up!</p> <p>2pm Hearing Voices Support Group</p> 	<p>27 Open Hours 9:30-11am</p> <p>11-3pm BBQ at the Park & BINGO 4 Prizes</p> <p>You Must Sign Up!</p> 
<p>30 Open Hours 8-4pm</p> <p>9:30am Embracing Aging Computer Class</p> <p>11am Open Lab Class</p> <p>12pm Film Club</p> 	<p>If you are interested in attending any of our groups & becoming an RLC member, please contact staff for more information.</p>			