



FOR IMMEDIATE RELEASE

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Contact: **Rebekkah Tucker, Marketing and Public Relations Coordinator**
Transitions-Mental Health Association
805.550.6534, btucker@t-mha.org

GROWING GROUNDS FARM, SANTA MARIA HOLDS SUMMER SUCCULENT SALE

SANTA MARIA, CA – Transitions-Mental Health Association (TMHA) invites the community to the annual Summer Succulent Sale happening at their Growing Grounds Farm in Santa Maria.

This annual celebration will feature an extensive selection of rare and exotic succulents and house plants in a variety of pot sizes to suit all project needs. Whether you are looking to brighten a front room or turn your thirsty garden into a drought-tolerant landscape, Growing Grounds can help you realize your vision. The sale will be held August 19-20 from 10:00 -3:00 pm at Growing Grounds Farm located at 820 W. Foster Road in Santa Maria.

Please contact Ariela Gottschalk at (805) 934-2182 for further information.

ABOUT GROWING GROUNDS, SANTA MARIA

Growing Grounds is a nonprofit program of TMHA that combines horticultural therapy and vocational training to provide individuals with mental illness employment in a supportive environment. They grow pesticide-free produce, flowers, and plant starters that nourish the community both mentally and physically.

ABOUT TMHA

Transitions-Mental Health Association (TMHA) is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. We operate over 35 programs at locations throughout San Luis Obispo and North Santa Barbara counties. The emphasis of our innovative services is to teach vital independent living skills and help build a framework for community re-entry through personal empowerment and hands on experience. Since 1979, TMHA has been dedicated to providing work, housing, case management and life-skills support to teens and adults with mental illness while offering support, resources and education for their loved ones. For more information, visit www.T-MHA.org.

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