

Strengthen Your Parent-Teen Relationship...

Teen Positive Parenting Class Coming Soon!



The Triple P – Positive Parenting Program® is one of the world’s most effective parenting programs. One of the few based on evidence from ongoing scientific research, it has been tested with thousands of families through more than four decades.

- Triple P works by giving parents the skills to raise confident, healthy children, and to build stronger family relationships.
- Triple P helps parents manage misbehaviour and prevent occurring problems
- Triple P doesn’t tell people how to parent. Rather, it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs.

WHO:

Parents of
Pre-Teen &
Teenagers

DATE:

10-Week
Group
Beginning
April 13th

TIME:

Every
Tuesday
from 5pm
to 7pm

VENUE:

Zoom
Class
Sessions

COST:

FREE!

Space is Limited! Reserve Your Spot by March 31st by Contacting:
Melanie Davenport at 805-458-2596 or email: mdavenport@t-mha.org

