

Positive Parenting Class Starting Soon...

Group Triple P



The Triple P – Positive Parenting Program® is one of the world’s most effective parenting programs. One of the few based on evidence from ongoing scientific research, it has been tested with thousands of families through more than four decades.

- Triple P works by giving parents the skills to raise confident, healthy children, and to build stronger family relationships.
- Triple P helps parents manage misbehaviour and prevent occurring problems
- Triple P doesn’t tell people how to parent. Rather, it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs.

WHO:

Parents of Children
Ages 0-12

DATE:

10-Week
Group
Beginning
May 4th

TIME:

Every
Thursday
from 5pm
to 7pm

VENUE:

Zoom
Class
Sessions

COST:

FREE!

Space is Limited. To Reserve Your Spot Please Call By April 21, 2022
Mayra Valencia at (805) 458-6388 or email: mvalencia@t-mha.org

