



FOR IMMEDIATE RELEASE

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MEGHAN MADSEN, TMHA PROGRAM MEMBER, SELECTED AS A 2019 WOMEN'S WALL OF FAME SERVICE HONOREE

San Luis Obispo, CA –Transitions-Mental Health Associations (TMHA) is proud to announce Meghan Madsen was selected as a 2019 Women's Wall of Fame service honoree on March 9, 2019 at the 6th Annual Commission on the Status of Women SLO County, Women's Wall of Fame Luncheon at the Madonna Inn.

Meghan Madsen, TMHA Program Manager of Wellness Centers and Education, was selected as one of the top three award winners among 17 nominees from throughout SLO County. Meghan was honored as a finalist and top nominee in the Service category. The San Luis Obispo County Commission on the Status of Women is a group of women who have given back to their communities in an exemplary way to better the lives of those around them in the categories of volunteer, service and business. Meghan's photo will be placed next to a familiar face, Jill Bolster-White, TMHA Executive Director, and 2017 Service honoree, on the Women's Wall of Fame in the County Government Building.

In order to be nominated for this prestigious award, the nominee must provide exemplary service to the community during her employment in a service profession and live/work in SLO County. As a program manager, Meghan oversees three Wellness Centers in the cities of Arroyo Grande, San Luis Obispo, and Atascadero, as well as mental health education presentations and trainings held throughout the county.

"The depth of her understanding of and commitment to the mission and clients of TMHA is one of her strongest assets. Meghan meaningfully supports each person along on their journey of recovery. She is talented and empathetic and a truly special person," stated Barry Johnson, TMHA Director of Education and Advocacy.

Meghan says, "Easing someone's suffering and watching the beauty that arises when people connect with one other is what motivates me to contribute to our community. Imagine everyone in the community having the skills to support someone experiencing a mental health crisis."

"Working for Transitions-Mental Health Association for the past 10 years has been one of the most rewarding experiences of my life." Meghan added.

For more information about TMHA, contact Kim Caldwell at kcaldwell@t-mha.org.

ABOUT TMHA

This year TMHA is proud to celebrate 40 years of providing mental health services throughout San Luis Obispo and North Santa Barbara counties. TMHA has been providing mental health services and promoting recovery and wellness through work, housing, community and family support. TMHA is a duly qualified charitable 501 c(3) organization that operates 30 programs at over 35 locations which reach more than 4,000 individuals and family

members in San Luis Obispo and North Santa Barbara counties. The emphasis of TMHA's mental health services are to teach vital independent living skills, and build a framework for reconnecting with the community through personal empowerment and hands on experience. The agency provides housing, employment, case management and life-skills support to teens and adults with mental illness; and support, resources and education for their loved ones.

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