



**Transitions – Mental Health Association**  
784 High Street, San Luis Obispo, CA 93401  
www.T-MHA.org (805) 540-1926

## **Volunteer Job Description**

Position Title: **VOLUNTEER ALL-SUBJECTS TUTOR**

Supervisor: Youth Treatment Program Manager

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### **About Transitions-Mental Health Association**

Transitions-Mental Health Association (TMHA) is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. We operate 30 programs at over 35 locations in San Luis Obispo and North Santa Barbara counties. The emphasis of our innovative services is to teach vital independent living skills and help build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, TMHA has been dedicated to providing work, housing, case management and life-skills support to teens and adults with mental illness while offering support, resources and education for their loved ones.

### **Position Summary**

College students or other community members are needed to work with TMHA in a residential program that houses foster kids from San Luis Obispo County. These teens need assistance with homework, study strategies, and organizational skill development in order to increase their academic success.

We're looking for a tutor who's willing to commit one or two evenings per week, 6:30-8:30pm on Mondays, Tuesdays or Wednesdays. Commitment to showing up on an ongoing basis is required since the teens need consistency. If the teens have no homework, we'd like games, musical instruments, conversation, etc. to be initiated, so this volunteer would need to be creative and patient. An open mind about modern children is important. These teens are expressive, colorful, emotional and not necessarily reliable. We need their tutor to be flexible about those characteristics. Tutors are a stand for the teen's educational and emotional maturity.

### **Requirements**

- At least 21 years old
- Pass a background check
- Experience working with teens
- Negative TB test
- Professionalism and a strong work ethic
- Flexibility
- Empathy
- Familiar with subject material for grades 8-12

### **To Apply**

Please apply at [www.t-mha.org/volunteer.php](http://www.t-mha.org/volunteer.php) or contact Caity McCardell, Volunteer Support, with questions regarding this volunteer position at 805-540-6557 or [cmccardell@t-mha.org](mailto:cmccardell@t-mha.org)

*Thank you for supporting TMHA! We appreciate the many contributions of our community!*