



Men's Group provides men in the community a space to gather and privately discuss their life events.

The free form format aims to inspire organic communication amongst group members, allowing folks to share whatever is presently on their mind.

Men's Group is a casual get together with an atmosphere of no-judgement, where men can feel heard and supported by their peers.

**MONDAYS**

**10–11 am**

**Safe Haven**

203 Bridge Street

Arroyo Grande

(805) 489- 9659

*Please contact Safe Haven at (805) 489-9659*



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