

This Thanksgiving set time aside for special gratitude-focused activities. Make them your prayers of thanksgiving to God.

Gratitude Adventure



Head outside and explore together and look for things that make you smile. Can you spot something beautiful, hear a favourite sound, or find something interesting? Take turns sharing what you're thankful for—family, friends, teachers, pets, food, a favourite toy, a cozy home, special traditions, or a kind act. End by sharing one favourite moment from your walk.



Thanksgiving Pumpkin

When you are gathered as a family around the table, talk and record what you are thankful for on a small pumpkin. Use a permanent marker, start at the top of the pumpkin and write "We are grateful for..." Invite each person to add something they are thankful for in a spiral on the pumpkin.