



First Sunday in Lent (with ashes)

and the word
was
“**God**”



We shall not live by
bread alone, but by
every word that
proceeds from the
mouth of God.

Matt 4:4

Sunday, February 22, 2026
with Fr Theo Ipema



The Church of
ST STEPHEN
Downsview

2259 Jane St, North York ON

Collect

Almighty God,
whose Son fasted forty days in the wilderness,
and was tempted as we are but did not sin,
give us grace to discipline ourselves
in submission to your Spirit,
that as you know our weakness,
so we may know your power to save;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

GENESIS 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'"

But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate.

Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

PSALM 32

REFRAIN O Lord, you forgave me the guilt of my sin.

Happy are they whose transgressions are forgiven, and whose sin is put away!

Happy are they to whom the Lord imputes no guilt, and in whose spirit there is no guile!

While I held my tongue, my bones withered away, because of my groaning all day long.

For your hand was heavy upon me day and night; my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, and did not conceal my guilt.

I said, "I will confess my transgressions to the Lord." Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; when the great waters overflow, they shall not reach them.

You are my hiding-place; you preserve me from trouble; you surround me with shouts of deliverance.

"I will instruct you and teach you in the way that you should go; I will guide you with my eye.

Do not be like horse or mule, which have no understanding; who must be fitted with bit and bridle, or else they will not stay near you."

Great are the tribulations of the wicked; but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

ROMANS 5:12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass.

For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification.

If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

MATTHEW 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so

that you will not dash your foot against a stone.” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

Prayer over the Gifts

God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.
We ask this in his name.

Prayer After Communion

Faithful God,
in this holy bread
you increase our faith and hope and love.
Lead us in the path of Christ
who is your Word of life.
We ask this in his name.

Sunday, March 1st, 2026
Second Sunday in Lent

GENESIS 12:1-4A, PSALM 121,
ROMANS 4:1-5, 13-17, JOHN 3:1-17 OR MATTHEW 17:1-9

from our website...

<http://STSTEPHENDOWNSVIEW.CA>
...and our weekly email newsletter

WORSHIP THIS WEEK



SET YOUR CALENDAR FOR...

- *Sunday Worship 9AM & 11AM
- *Morning Prayers (see below)
- *Devotions TUE 7PM



Fellowship
down stairs

Events
around the
Diocese



COFFEE, TEA, SNACKS...

Join us in the Parish Hall after worship for fellowship... and... coffee, tea, and snacks.

What's Happening?

Missional Conference... Family Fun Night...
Black History Month...



2025
TAX
RECEIPTS

Check Your Email Inbox

If you have not received your receipt, call the Parish Office to provide an email... or... to request a paper receipt.



Church
Space
Calendar

Parish Hall Availability...

Our website shows reservations for the next 12 months. To reserve, contact the parish office.



Book Your Bus Trip Seat NOW!

To join our 2026 Bus Trip to Eastern Canada, contact Connie at bustrip@ststephendownsview.ca



World Day of Prayer (Nigeria)

Fri, Mar 6, 7PM at St Stephens. Lead by women for everyone. Use WDP envelopes to give.



In-Person Office Hours
(Parish Office)

2259 Jane St, North York ON, M3M 1A6
Wednesdays & Fridays,
11:00AM to 2:00PM

Voice, Text, WhatsApp
(Parish Office)

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Pastoral Care
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HTTPS://

Give Online

give.ststephdownsview.ca

Livestream
(Live on YouTube)

livestream.ststephdownsview.ca

Worship Service Replay
(YouTube)

replay.ststephdownsview.ca

One-Minute Clips
(YouTube)

clips.ststephdownsview.ca

Space Availability

space.ststephdownsview.ca

Order Of Service

READINGS

EXODUS 24:12-18
PSALM 99
2 PETER 1:16-21

[bb021 O For A Thousand](#)

MATTHEW 17:1-9

OFFERTORY

Offering

[bb139 Great Is Thy...](#)

Prayer Over the Gifts



ANNOUNCEMENTS

Weekly Email Newsletter



WELCOME

The Opening Sentence

[bb001 Praise My Soul, ...](#)

The Gathering
kyrie eleison
The Collect

MEDITATION

Sermon
Prayers of the People
Peace

EUCARIST

Eucharistic Prayer
Prayer & Silence
Lord's Prayer
The Breaking of Bread
The Communion

[bb065 Stand Up And...](#)
[bb123 How Sweet The...](#)
[bb005 I Sing Praises](#)
[bb118 His Name Is...](#)

Prayer After Communion

The Blessing

CLOSE

[bb056 To God Be The Glory](#)

Dismissal
After Worship Fellowship