

# Power Triplets

as shown by Jim Chapin  
by way of Michael Griener

Joe Cusatis

**1**

3 3 3 3

**Variation**

3 3 3 3

# The Max Roach 1/4 Note Exercise

as seen on David Stanoch's "A Lesson With Max Roach"  
- Modern Drummer

Max Roach

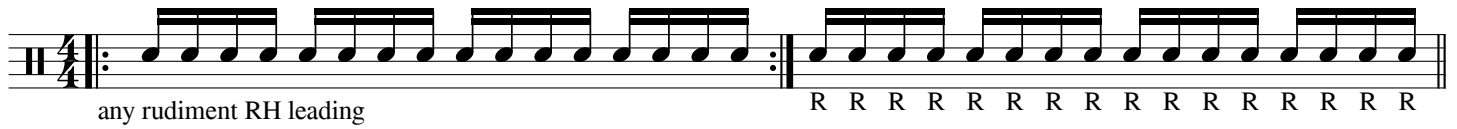
**Vamp**

play the vamp, select one limb, with which the crescendo/decrescendo above is played  
without altering the dynamic of the other limbs.

# The Jonas Burgwinkel Exercise

extreme soft playing madness

by way of João Raineri



any rudiment RH leading

R R R R R R R R R R R R R R R R R R

The first staff of music is written in 4/4 time. It begins with a double bar line and a repeat sign. The first four measures contain a continuous eighth-note pattern. This is followed by a double bar line and a second repeat sign. The next four measures continue the eighth-note pattern. Below the staff, the text 'any rudiment RH leading' is centered under the first four measures, and a sequence of 16 'R' characters is centered under the second four measures.



any rudiment LH leading

L L L L L L L L L L L L L L L L L L

The second staff of music is written in 4/4 time. It begins with a double bar line and a repeat sign. The first four measures contain a continuous eighth-note pattern. This is followed by a double bar line and a second repeat sign. The next four measures continue the eighth-note pattern. Below the staff, the text 'any rudiment LH leading' is centered under the first four measures, and a sequence of 16 'L' characters is centered under the second four measures.