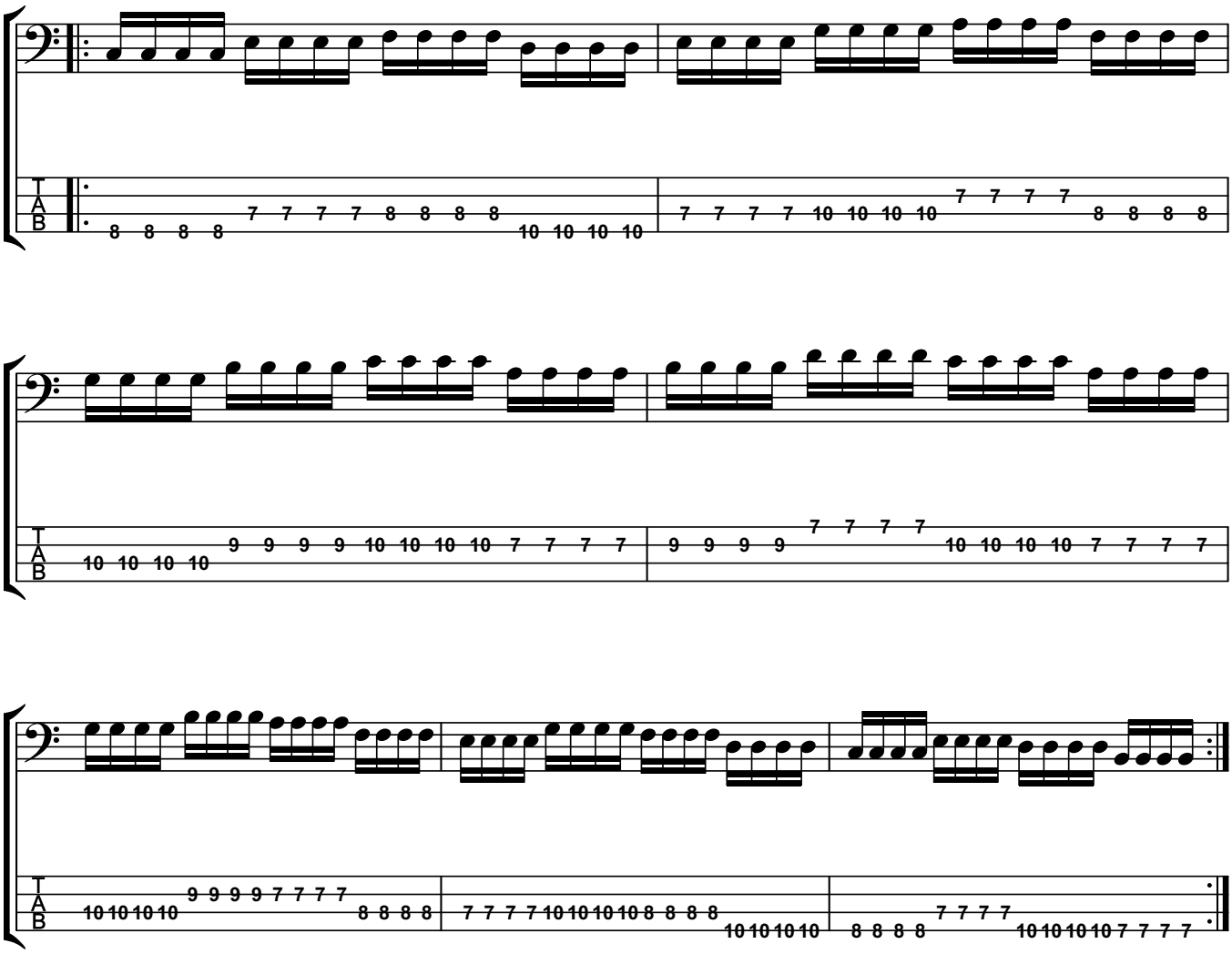Warm Up Reverse Thirds