

# **2024 MOUNTAIN WEST WOMEN'S SWIMMING & DIVING CHAMPIONSHIPS SCHEDULE OF EVENTS**

*TIMES ARE ALL C.T. APPROXIMATE AND SUBJECT TO CHANGE  
PRELIM TIMING WILL BE FINALIZED USING HY-TEK ONCE ALL ENTRIES ARE IN  
AWARDS PRESENTATIONS WILL BE HELD IMMEDIATELY FOLLOWING EACH FINALS EVENT*

## **WEDNESDAY, FEBRUARY 21, 2024**

7:00-11:30 a.m.	Warm up	
	<b><u>Morning Session</u></b>	
12:00 p.m.	One-meter Springboard	Prelims, Consolation
	<b><u>Evening Session</u></b>	
<b>5:55 p.m.</b>	<b><u>National Anthem</u></b>	
6:00 p.m.	200-yard Medley Relay Awards 200-yard Medley Relay	Exhibition, FINALS
6:15 p.m.	One-meter Springboard Awards One-meter Springboard	FINALS
7:00 p.m.	800-yard Freestyle Relay Awards 800-yard Freestyle Relay	FINALS
7:15 p.m.	Time Trials	

**THURSDAY, FEBRUARY 22, 2024**

7:00-10:30 a.m. Warm up

10:30 a.m.	<b><u>Morning Session</u></b> 500-yard Freestyle	Prelims
11:11 a.m.	200-yard Individual Medley	Prelims
11:36 a.m.	50-yard Freestyle	Prelims
11:50 a.m.	Time Trials	
12:00 p.m.	Three-meter Springboard	Prelims, Consolation
<b>5:55 p.m.</b>	<b><u>Evening Session</u></b> <b><u>National Anthem</u></b>	
6:00 p.m.	500-yard Freestyle Awards 500-yard Freestyle	Bonus, Consolation, FINALS
6:20 p.m.	200-yard Individual Medley Awards 200-yard Individual Medley	Bonus, Consolation, FINALS
6:35 p.m.	50-yard Freestyle Awards 50-yard Freestyle	Bonus, Consolation, FINALS
6:45 p.m.	Three-meter Springboard Awards Three-meter Springboard	FINALS
7:30 p.m.	400-yard Medley Relay Awards 400-yard Medley Relay	Exhibition, FINALS
7:55 p.m.	Time Trials	

**FRIDAY, FEBRUARY 23, 2024**

7:00-10:30 a.m. Warm up

**Morning Session**

10:30 a.m.	100-yard Butterfly	Prelims
10:46 a.m.	400-yard Individual Medley	Prelims
11:17 a.m.	200-yard Freestyle	Prelims
11:43 a.m.	100-yard Breaststroke	Prelims
11:57 a.m.	100-yard Backstroke	Prelims
12:15 p.m.	Time Trials	

**Evening Session**

**5:55 p.m.**

**National Anthem**

6:00 p.m.	200-yard Freestyle Relay Awards 200-yard Freestyle Relay	Exhibition, FINALS
6:15 p.m.	Team Diving Event	Finals
7:00 p.m.	100-yard Butterfly Awards 100-yard Butterfly	Bonus, Consolation, FINALS
7:15 p.m.	400-yard Individual Medley Awards 400-yard Individual Medley	Bonus, Consolation, FINALS
7:45 p.m.	200-yard Freestyle Awards 200-yard Freestyle	Bonus, Consolation, FINALS
8:00 p.m.	100-yard Breaststroke Awards 100-yard Breaststroke	Bonus, Consolation, FINALS
8:15 p.m.	100-yard Backstroke Awards 100-yard Backstroke	Bonus, Consolation, FINALS
8:30 p.m.	Time Trials	

**SATURDAY, FEBRUARY 24, 2024**

7:00-10:30 a.m.	Warm up	
	<b><u>Morning Session</u></b>	
10:30 a.m.	200-yard Backstroke	Prelims
10:51 a.m.	100-yard Freestyle	Prelims
11:07 a.m.	200-yard Breaststroke	Prelims
11:28 a.m.	200-yard Butterfly	Prelims
11:45 a.m.	Time Trials	
12:00 p.m.	Platform Diving	Prelims, Consolation
3:20 p.m.	1650-yard Freestyle – 4 <sup>th</sup> Fastest Heat	FINALS ( <i>if necessary</i> )
3:40 p.m.	1650-yard Freestyle – 3 <sup>rd</sup> Fastest Heat	FINALS ( <i>if necessary</i> )
4:00 p.m.	1650-yard Freestyle – 2 <sup>nd</sup> Fastest Heat	FINALS ( <i>if necessary</i> )
	<b><u>Evening Session</u></b>	
<b>5:35 p.m.</b>	<b>Senior Recognition</b>	
<b>5:55 p.m.</b>	<i>Officials Introduced</i> <b>National Anthem</b>	
6:00 p.m.	1650-yard Freestyle Awards 1650-yard Freestyle	FINALS
6:25 p.m.	200-yard Backstroke Awards 200-yard Backstroke	Bonus, Consolation, FINALS
6:40 p.m.	100-yard Freestyle Awards 100-yard Freestyle	Bonus, Consolation, FINALS
6:50 p.m.	200-yard Breaststroke Awards 200-yard Breaststroke	Bonus, Consolation, FINALS
7:05 p.m.	200-yard Butterfly Awards 200-yard Butterfly	Bonus, Consolation, FINALS
7:20 p.m.	Platform Diving Awards Platform Diving	FINALS
7:45 p.m.	400-yard Freestyle Relay Awards 400-yard Freestyle Relay	Exhibition, FINALS
8:05 p.m.	Time Trials	
<b>8:10 p.m.</b>	<b>Team &amp; Individual Awards Ceremony</b>	