

2024

Gymnast of the Week

Date	Athlete, Cl., Team
Jan. 9	Lauren Macpherson, Sr., San José State
Jan. 16	Lauren Macpherson, Sr., San José State
Jan. 23	Maggie Slife, Fr., Air Force
Jan. 30	Maggie Slife, Fr., Air Force
Feb. 6	Lauren Macpherson, Sr., San José State
Feb. 13	Lauren Macpherson, Sr., San José State
Feb. 20	Lauren Macpherson, Sr., San José State
Feb. 27	Maggie Slife, Fr., Air Force
March 5	Maggie Slife, Fr., Air Force
March 12	Lauren Macpherson, Sr., San José State
March 19	Maggie Slife, Fr., Air Force

Vault Specialist of the Week

Date	Athlete, Cl., Team
Jan. 9	Madison Kirsch, Sr., San José State
Jan. 16	Jaudai Lopes, Sr., San José State
Jan. 23	Courtney Blackson, Sr., Boise State
Jan. 23	Jaudai Lopes, Sr., San José State
Jan. 23	Jaudai Lopes, Sr., San José State
Jan. 23	Nyla Morabito, Fr., Utah State
Feb. 6	Madison Kirsch, Sr., San José State
Feb. 13	Courtney Blackson, Sr., Boise State
Feb. 20	Emily Lopez, Sr., Boise State
Feb. 27	Mia Nelson, Fr., San José State
March 5	Jaudai Lopes, Sr., San José State
March 12	Maggie Slife, Fr., Air Force
March 19	Emily Lopez, Sr., Boise State
March 19	Alivia Ostendorf, Gr., Utah State

Uneven Bars Specialists of the Week

Date	Athlete, Cl., Team
Jan. 9	Emily Lopez, Sr., Boise State
Jan. 9	Jada Mazury, 5th, San José State
Jan. 16	Emily Lopez, Sr., Boise State
Jan. 23	Emily Lopez, Sr., Boise State
Jan. 23	Katherine Weyhmiller, Jr., San José State
Feb. 6	Lauren Macpherson, Sr., San José State
Feb. 6	Brianna Brooks, Sr., Utah State
Feb. 6	Dani Kirstine, Jr., Utah State
Feb. 13	Emily Lopez, Sr., Boise State
Feb. 20	Emily Lopez, Sr., Boise State
Feb. 27	Maggie Slife, Fr., Air Force
March 5	Emily Lopez, Sr., Boise State
March 12	Courtney Blackson, Sr., Boise State
March 19	Maggie Slife, Fr., Air Force

Balance Beam Specialist of the Week

Date	Athlete, Cl., Team
Jan. 9	Lexi Aragon, Gr., Utah State
Jan. 16	Lauren Macpherson, Sr., San José State
Jan. 16	Katherine Weyhmiller, Jr., San José State
Jan. 23	Emily Lopez, Sr., Boise State
Jan. 23	Emma Loyim, Jr., Boise State
Jan. 23	Maggie Slife, Fr., Air Force
Jan. 23	Katherine Weyhmiller, Jr., San José State
Feb. 6	Lexi Aragon, Gr., Utah State
Feb. 13	Lauren Macpherson, Sr., San José State
Feb. 20	Adriana Popp, 5th, Boise State
Feb. 27	Lauren Macpherson, Sr., San José State
March 5	Adriana Popp, 5th, Boise State
March 5	Jada Mazury, 5th, San José State
March 12	Anna Ferguson, So., Boise State
March 12	Emily Lopez, Sr., Boise State
March 19	Lauren Macpherson, Sr., San José State

Floor Exercise Specialist of the Week

Date	Athlete, Cl., Team
Jan. 9	Courtney Blackson, Sr., Boise State
Jan. 16	Emma Loyim, Jr., Boise State
Jan. 23	Mia Nelson, Fr., San José State
Jan. 23	Jada Mazury, 5th, San José State
Feb. 6	Courtney Blackson, Sr., Boise State
Feb. 13	Gabriella Meccia, Jr., Air Force
Feb. 13	Jada Mazury, 5th, San José State
Feb. 20	Courtney Blackson, Sr., Boise State
Feb. 27	Emma Loyim, Jr., Boise State
Feb. 27	Jada Mazury, 5th, San José State
Feb. 27	Alivia Ostendorf, Gr., Utah State
March 5	Courtney Blackson, Sr., Boise State
March 5	Emma Loyim, Jr., Boise State
March 5	Jada Mazury, 5th, San José State
March 12	Jaudai Lopes, Sr., San José State
March 19	Mia Nelson, Fr., San José State

Freshman of the Week

Date	Athlete, Cl., Team
Jan. 9	Marissa Ashton, San José State
Jan. 16	Marissa Ashton, San José State
Jan. 16	Victoria Smirnov, Boise State
Jan. 23	Mia Nelson, San José State
Jan. 23	Maggie Slife, Air Force
Jan. 23	Maggie Slife, Air Force
Feb. 6	Nyla Morabito, Utah State
Feb. 13	Maggie Slife, Air Force
Feb. 20	Maggie Slife, Air Force
Feb. 27	Maggie Slife, Air Force
March 5	Maggie Slife, Air Force
March 12	Maggie Slife, Air Force
March 19	Mia Nelson, San José State

AOTW BY SCHOOL

School	GYM	VT	UB	BB	FX	FR	TOT
Air Force	5	1	2	1	1	7	17
Boise State	0	4	7	6	7	1	25
San José State	6	7	3	7	7	4	34
Utah State	0	2	2	2	1	1	8