





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>"No one has ever become poor from giving." — <i>Maya Angelou</i></p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Get Movin' on Monday with Desi [FC]</p> <p>10:45 ❤️ Shopping Outing to Walmart [L]</p> <p>1:30 🟡 Bingo [S]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>2:30 🟡 Flower Arranging [DK]</p> <p>4:00 🟡 Happy Hour with Deviled Eggs [DK]</p> <p>6:30 🟡 Tim Chambless Current Events [S]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>11:00 🟡 Name that Tune: Mellow 50s Hits [S]</p> <p>1:30 🟡 Mini Manicures [A]</p> <p>3:00 ❤️ Fall Wineglass Painting [A]</p> <p>4:00 🟡 Laugh out Loud Comedy Hour [T]</p> <p>6:30 🟡 What Women Want (2000) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Workout Wednesday with Mary [FC]</p> <p>10:45 🟡 Prize Poker [S]</p> <p>1:00 🟡 Relief Society [GR]</p> <p>2:00 ❤️ Balance Class with Canyons Home Health [FC]</p> <p>2:30 🟡 Block Party (Rooms 301-324) [S]</p> <p>2:30 🟡 Board Scrabble Games [GR]</p> <p>2:30 🟡 Knitting & Crocheting Club [S]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Rango (2011) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>11:00 🟡 Current Events with Tim Chambless [S]</p> <p>1:30 🟡 Aging Well with Canyons HH [S]</p> <p>2:15 🟡 Pie Tasting: Come try different pies! [DK]</p> <p>3:00 ❤️ Moving Forward: Movement Class [S]</p> <p>4:00 🟡 Thirsty Thursdays: Signature Cocktails [DK]</p> <p>6:30 🟡 JAWS (1975) [T]</p>	<p>Please wear your masks!</p> <p>Podiatrist here @ 9 am</p> <p>10:00 ❤️ Fit Friday Exercise Class with Minerva [FC]</p> <p>11:00 🟡 Beginning Spanish with Minerva [S]</p> <p>1:30 🟡 Badminton [S]</p> <p>2:45 🟡 Thank You First Responders Cards [A]</p> <p>3:00 ❤️ Weights Class [FC]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Catch me if you can (2002) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Saturday Sit and Stretch with Mary [FC]</p> <p>11:00 🟡 Family Feud Game! [S]</p> <p>1:00 🟡 Documentary Hour: Animals on the Planet Earth [T]</p> <p>2:00 🟡 Soda Bar [DK]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>6:30 🟡 Hugo (2011) [T]</p>	
	<p>Please wear your masks!</p> <p>10:00 ❤️ Sunday Exercise with Eric [FC]</p> <p>10:30 🟡 Catholic Communion</p> <p>11:00 ❤️ Walking with Eric [L]</p> <p>1:00 🟡 LDS Sacrament Meeting [S]</p> <p>1:15 🟡 The Ridge Bridge Club [GR]</p> <p>2:00 🟡 Ice Cream Sundae Bar [DK]</p> <p>3:00 🟡 Bingo Blast [S]</p> <p>4:00 🟡 TV Time - [T]</p> <p>6:30 🟡 The Last Days (1998) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Get Movin' on Monday with Desi [FC]</p> <p>10:45 ❤️ Shopping Outing to Smiths [L]</p> <p>1:30 🟡 Bingo [S]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>2:30 🟡 Flower Arranging [DK]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Hairspray (2007) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>10:00 ❤️ Free Walker & Wheelchair tune up with Mobility City [S]</p> <p>11:00 🟡 Lunch Bunch: Corner Bakery and Cafe [L]</p> <p>1:30 🟡 Mini Manicures [A]</p> <p>3:00 🟡 Thankful Tree Craft [A]</p> <p>4:00 🟡 Laugh out Loud Comedy Hour [T]</p> <p>6:30 🟡 Step Sisters (2018) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Workout Wednesday with Mary [FC]</p> <p>10:30 ❤️ Wheelchair and Walker Tune Up with Red Rock [T]</p> <p>10:45 🟡 Prize Poker [S]</p> <p>2:00 ❤️ Balance Class with Canyons Home Health [FC]</p> <p>2:30 🟡 Board Scrabble Games [GR]</p> <p>2:30 🟡 Knitting & Crocheting Club [S]</p> <p>4:00 🟡 Happy Hour with Eric Heideman [S]</p> <p>6:30 🟡 Dumplin' (2018) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>11:00 🟡 Current Events with Tim Chambless [S]</p> <p>1:30 🟡 Bible Study with Bristol Home Health [GR]</p> <p>2:30 🟡 Veteran's Day Spotlight [S]</p> <p>4:00 🟡 Thirsty Thursdays: Signature Cocktails [DK]</p> <p>6:30 🟡 Enola Holmes (2020) [T]</p>	<p>Please wear your masks!</p> <p>Podiatrist here @ 9 am</p> <p>10:00 ❤️ Fit Friday Exercise Class with Minerva [FC]</p> <p>11:00 🟡 Beginning Spanish with Minerva [S]</p> <p>1:30 🟡 Kerstin Tenney Violin [L]</p> <p>2:30 ❤️ Hunting Season Target Practice [S]</p> <p>3:00 ❤️ Weights Class [FC]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 The Theory of Everything (2014) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Saturday Sit and Stretch with Mary [FC]</p> <p>11:00 🟡 Family Feud Game! [S]</p> <p>1:00 🟡 Documentary Hour: Animals on the Planet Earth [T]</p> <p>2:00 🟡 Soda Bar [DK]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>6:30 🟡 The Artist (2011) [T]</p>
<p>Please wear your masks!</p> <p>10:00 ❤️ Sunday Exercise with Eric [FC]</p> <p>10:30 🟡 Catholic Communion</p> <p>11:00 ❤️ Walking with Eric [L]</p> <p>1:00 🟡 LDS Sacrament Meeting [S]</p> <p>1:15 🟡 The Ridge Bridge Club [GR]</p> <p>2:00 🟡 Ice Cream Sundae Bar [DK]</p> <p>3:00 🟡 Bingo Blast [S]</p> <p>4:00 🟡 TV Time - [T]</p> <p>6:30 🟡 Evening Cinema: Adam's Rib (1949) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Get Movin' on Monday with Desi [FC]</p> <p>10:45 ❤️ Shopping Outing to Smiths [L]</p> <p>1:30 🟡 Bingo [S]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>2:30 🟡 Flower Arranging [DK]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Musical Movie Monday: A Week Away (2021) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>10:45 🟡 Outing: Kinland's Winter Market [L]</p> <p>1:30 🟡 Mini Manicures [A]</p> <p>3:00 🟡 Gratitude Collages [A]</p> <p>4:00 🟡 Laugh out Loud Comedy Hour [T]</p> <p>6:30 🟡 Evening Cinema: Woman of the Year (1942) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Workout Wednesday with Mary [FC]</p> <p>10:45 🟡 Prize Poker [S]</p> <p>1:00 🟡 Relief Society [GR]</p> <p>2:00 ❤️ Balance Class with Canyons Home Health [FC]</p> <p>2:30 🟡 Board Scrabble Games [GR]</p> <p>2:30 🟡 Knitting & Crocheting Club [S]</p> <p>4:00 🟡 Happy Hour with Homemade Bread [DK]</p> <p>6:30 🟡 Dear John (2010) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>11:00 🟡 Current Events with Tim Chambless [S]</p> <p>1:30 🟡 Bible Study with Canyons HH [GR]</p> <p>2:00 🟡 Resident Council [S]</p> <p>3:00 ❤️ Moving Forward: Movement Class [S]</p> <p>4:00 🟡 Thirsty Thursdays: Signature Cocktails [DK]</p> <p>6:30 🟡 Thriller Thursday: The Maltese Falcon (1941) [T]</p>	<p>Please wear your masks!</p> <p>Podiatrist here @ 9 am</p> <p>10:00 ❤️ Fit Friday Exercise Class with Minerva [FC]</p> <p>11:00 🟡 Beginning Spanish with Minerva [S]</p> <p>1:00 🟡 Scott Larabee Piano Music [L]</p> <p>2:15 🟡 Foothill Franc Store [S]</p> <p>3:00 ❤️ Weights Class [FC]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Fancy Friday Oscars: The Midnight Sky (2020) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Saturday Sit and Stretch with Mary [FC]</p> <p>11:00 🟡 Family Feud Game! [S]</p> <p>1:00 🟡 Documentary Hour: Animals on the Planet Earth [T]</p> <p>2:00 🟡 Soda Bar [DK]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>6:30 🟡 Saturday Cinema: The Notebook (2004) [T]</p>	
<p>Please wear your masks!</p> <p>10:00 ❤️ Sunday Exercise with Eric [FC]</p> <p>10:30 🟡 Catholic Communion</p> <p>11:00 ❤️ Walking with Eric [L]</p> <p>1:00 🟡 LDS Sacrament Meeting [S]</p> <p>1:15 🟡 The Ridge Bridge Club [GR]</p> <p>2:00 🟡 Ice Cream Sundae Bar [DK]</p> <p>3:00 🟡 Bingo Blast [S]</p> <p>4:00 🟡 TV Time - [T]</p> <p>6:30 🟡 Evening Cinema: The Philadelphia Story (1940)</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Get Movin' on Monday with Desi [FC]</p> <p>10:45 ❤️ Shopping Outing to Smiths [L]</p> <p>1:30 🟡 Bingo [S]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>2:30 🟡 Flower Arranging [DK]</p> <p>4:00 🟡 Happy Hour with Wyldwood Music [S]</p> <p>6:30 🟡 Musical Movie Monday: Les Misérables (2012) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>11:00 🟡 Gratitude Group: Come share what you're thankful for [S]</p> <p>1:30 🟡 Mini Manicures [A]</p> <p>2:45 🟡 Joyful Art with Aimee [A]</p> <p>4:00 🟡 Laugh out Loud Comedy Hour [T]</p> <p>6:30 🟡 Evening Cinema: Les Misérables (2012) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Workout Wednesday with Mary [FC]</p> <p>10:45 🟡 Prize Poker [S]</p> <p>1:00 🟡 Tim Chambless Current Events [S]</p> <p>2:00 ❤️ Balance Class with Canyons Home Health [FC]</p> <p>2:30 🟡 Board Scrabble Games [GR]</p> <p>2:30 🟡 Knitting & Crocheting Club [S]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 Western Movie Wednesday: American Outlaws (2001) [T]</p>	<p>HAPPY THANKSGIVING!!</p> <p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Amanda [FC]</p> <p>10:45 🟡 Pumpkin Snack [DK]</p> <p>1:30 🟡 Paperstip Pumpkin Craft [A]</p> <p>2:45 🟡 Thankful Affirmations [S]</p> <p>6:30 🟡 Thriller Thursday: In the Shadow of the Moon (2019) [T]</p>	<p>Please wear your masks!</p> <p>Podiatrist here @ 9 am</p> <p>10:00 ❤️ Fit Friday Exercise Class with Minerva [FC]</p> <p>11:00 ❤️ Thankful Ball Game [S]</p> <p>1:15 ❤️ Christmas Tree Decorating [L]</p> <p>3:00 🟡 Name that Tune [L]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 The Princess Switch [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Saturday Sit and Stretch with Mary [FC]</p> <p>11:00 🟡 Family Feud Game! [S]</p> <p>1:00 🟡 Documentary Hour: Animals on the Planet Earth [T]</p> <p>2:00 🟡 Soda Bar [DK]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>6:30 🟡 Saturday Cinema: Stardust (2007) [T]</p>	
<p>Please wear your masks!</p> <p>10:00 ❤️ Sunday Exercise with Eric [FC]</p> <p>10:30 🟡 Catholic Communion</p> <p>11:00 ❤️ Walking with Eric [L]</p> <p>1:00 🟡 LDS Sacrament Meeting [S]</p> <p>1:15 🟡 The Ridge Bridge Club [GR]</p> <p>2:00 🟡 Ice Cream Sundae Bar [DK]</p> <p>3:00 🟡 Bingo Blast [S]</p> <p>4:00 🟡 TV Time - [T]</p> <p>6:30 🟡 Evening Cinema: Whale Rider (2002)</p>	<p>Hanukah Starts</p> <p>Please wear your masks!</p> <p>10:00 ❤️ Get Movin' on Monday with Desi [FC]</p> <p>10:45 ❤️ Shopping Outing to Smiths [L]</p> <p>1:30 🟡 Bingo [S]</p> <p>2:30 🟡 Board Scrabble [GR]</p> <p>2:30 🟡 Flower Arranging [DK]</p> <p>4:00 🟡 Happy Hour [DK]</p> <p>6:30 🟡 My Fair Lady (1964) [T]</p>	<p>Please wear your masks!</p> <p>10:00 ❤️ Exercises with Canyons HH [FC]</p> <p>10:45 🟡 Shopping Outing: Target @ Fort Union [L]</p> <p>1:30 🟡 Mini Manicures [A]</p> <p>3:00 🟡 Beginning Poker Lessons [S]</p> <p>4:00 🟡 Laugh out Loud Comedy Hour [T]</p> <p>6:30 🟡 Evening Cinema: Nine Months (1995) [T]</p>	<p>Location Keys</p> <p>Art Studio Second Floor A</p> <p>Demonstration Kitchen DK</p> <p>Fitness Center (Third Floor) FC</p> <p>Great Room (Second Floor) GR</p> <p>Lobby L</p> <p>Summit Room S</p> <p>Theater T</p> <p><i>Resident Birthdays</i></p> <p>Lesley B. 11/3</p> <p>Mary A. 11/4</p> <p>Sunny V. 11/6</p> <p>Martin D. 11/9</p> <p>Phyllis S. 11/11</p> <p>Joan C. 11/15</p> <p>Billie C. 11/16</p> <p>Janice B. 11/21</p> <p>Mary Lynne E. 11/21</p> <p>Belva M. 11/24</p> <p>Mary R. 11/27</p>			<p> Inspirational</p> <p> Intellectual</p> <p> Physical</p> <p> Social</p>	