

ASU INVITATIONAL

Hosted by Arizona State University
March 22-23, 2019

Friday, March 22, 2019

FIELD EVENTS (We will operate on a rolling time schedule)

- 1:00pm - Hammer Women
 - Hammer Men to follow
 - Discus Women to follow
 - Discus Men to follow

Saturday, March 23, 2019

FIELD EVENTS (Women first, Men to follow unless noted)

- 3:30pm Pole Vault – Men first, Women to follow
- 4:30pm Javelin – Women first, Men to follow
- 5:30pm High Jump – Women first, Men to follow
- 5:30pm Long Jump – Women East Pit, Men West Pit
- 6:30pm Shot Put – Women first, Men to follow
- 7:30pm Triple Jump – Women East Pit, Men West Pit

RUNNING EVENTS (Women first, Men to follow)

- 5:10pm National Anthem
- 5:20pm Women's 4x100m Relay
- 5:25pm Men's 4x100m Relay
- 5:30pm 100m Wheelchair (exhibition)
- 5:40pm Women's 100m Hurdles
- 5:50pm Men's 110m High Hurdles
- 6:00pm Women's 1500m Run
- 6:10pm Men's 1500m Run
- 6:25pm Women's 400m Dash
- 6:30pm Men's 400m Dash
- 6:40pm Women's 100m Dash
- 6:45pm Men's 100m Dash
- 6:50pm Women's 800m Run
- 7:00pm Men's 800m Run
- 7:15pm Women's 400m Hurdles
- 7:25pm Men's 400m Hurdles
- 7:35pm Women's 200m Dash
- 7:40pm Men's 200m Dash
- 7:45pm Women's 3,000m Run
- 8:05pm Men's 3,000m Run
- 8:20pm Women's 4x400m Relay
- 8:30pm Men's 4x400m Relay

